



K25P 0927

Reg. No. :

Name :

IV Semester M.Sc. Degree (C.B.C.S.S. – O.B.E. – Regular)

Examination, April 2025

(2023 Admission)

COUNSELLING PSYCHOLOGY

MSCPS04E04 : Family Counselling

Time : 3 Hours

Max. Marks : 60

SECTION – A

Answer **any 5** of the following. **Each** question carries **3** marks **each**.

1. Give examples of integrated family therapy models.
2. Describe the commonly used methods of marital assessment.
3. Illustrate the reflecting team approach with an example.
4. An old-age couple is distressed about adjusting to changing life circumstances. As a family counsellor, what is your understanding about the challenges they face and how will you support them ?
5. Identify the components of a working alliance.
6. Categorize the types of questions used in solution-oriented family counselling.

(5×3=15)

SECTION – B

Answer **any 3** of the following. **Each** question carries **5** marks **each**.

7. Analyse the scope of feminist psychotherapy in Indian family contexts.
8. Explain the ethical considerations in family counselling.
9. Write a short note on the factors that create conflicts in marital relationships.
10. Carl Whitaker's experiential family counselling is strongly influenced by humanistic psychology. Justify.
11. Evaluate the effectiveness of family counselling in dealing with clients having serious mental health issues.

(3×5=15)

P.T.O.



SECTION – C

Answer **any 3** of the following. **Each** question carries **10** marks **each**.

12. Summarize the major approaches to family counselling.
13. Marriage and family counselling is both an art and a science. Justify.
14. Compare and contrast strategic and structural approaches in family counselling.
15. A family counsellor has to keep certain preconditions in mind when dealing with families. Elaborate.
16. Explain the key concepts of systems theory. (3×10=30)

