

K23P 3109

Reg. No. :

Name :

I Semester M.Sc. Degree (C.B.C.S.S. – OBE – Regular) Examination, October 2023 (2023 Admission) COUNSELLING PSYCHOLOGY MSCPS01C03 : Fundamentals of Counselling Psychology

Time : 3 Hours

Max. Marks : 60

SECTION - A

Answer any five of the following. Each question carries 3 marks. Answer should not exceed 100 words.

1. Therapeutic alliance

- 2. Transference
- 3. Paraphrasing
- 4. Empathy
- 5. Confrontation
- 6. Handling resistance

 $(5 \times 3 = 15)$

SECTION - B

Answer any three of the following questions. Each question carries 5 marks.

- 7. Summaries the case presentation with verbatim reports.
- 8. Elaborate the characteristic of a good counselling supervisor.
- 9. Discuss the fundamental percepts of counselling.
- 10. Examine the ethical consideration counselling.

(3×5=15)

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SECTION - C

Answer any three of the following. Each question carries 10 marks.

- 11. Critically evaluate the importance of supervision in counselling training before practice.
- 12. Critically analyze the implementation of theoretical approaches in practical counselling.
- 13. Illustrate the personal and professional qualities of the counsellor.
- 14. Discuss the various stages of individual counselling.

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15. Evaluate the basic skills required for effective counselling.

(3×10=30)