



K25U 0936

Reg. No. :

Name :

IV Semester B.S.W. Degree (C.B.C.S.S. – O.B.E. – Regular/Supplementary/
Improvement) Examination, April 2025
(2019 to 2023 Admissions)

Core Course

4B07 BSW : THEORY AND PRACTICE OF COUNSELLING

Time : 3 Hours

Max. Marks : 40

SECTION – A

Answer **any four** questions in **two or three** sentences. Each question carries **one** mark.

Write short notes on :

1. Guidance
2. Questioning
3. Adolescence
4. Skills
5. Cognitive development
6. Behaviour.

(4×1=4)

SECTION – B

Answer **any four** of the following questions in not more than **50** words. Each question carries **two** marks.

7. What is the definition of counselling ?
8. Explain goal setting in counselling.
9. What are the features of client-centred therapy ?

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10. Specify transference in counselling.
11. Discuss the scope of educational guidance.
12. Examine the relevance of per-marital counselling.

(4×2=8)

SECTION – C

Answer **any four** of the following questions in **not** more than **200** words. **Each** question carries **three** marks.

13. Examine the significance of practical training in counselling.
14. Evaluate the application of ethics in counselling.
15. What is psychotherapy ?
16. Discuss the importance of therapy in counselling.
17. Explain behaviour therapy and its various types.
18. Discuss the relevance and application of active listening in counselling. (4×3=12)

SECTION – D

Answer **any two** questions in less than **800** words. **Each** question carries **eight** marks.

19. Create a detailed note on the principles of counselling process.
 20. Evaluate the factors influencing the counsellor-counselee relationship.
 21. Create an evaluative note on the attributes and skills required for a counsellor.
 22. Analyse various techniques applied in the counselling process. Substantiate with examples. (2×8=16)
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