

K18P 0936

Reg. No. :

Name :

Third Semester M.S.W. Degree (Reg./Suppl./Imp.) Examination, October 2018 (2014 Admn. Onwards) MSW3E03 : COUNSELLING SKILLS AND TECHNIQUES

Time : 3 Hours

Max. Marks: 40

PART-I

Answer any four questions. Each question carries two marks.

1. What do you mean by SWOT analysis ?

2. Define Gestalt therapy.

3. Explain the factors affecting the occupational stress.

4. Substantiate the meaning of group counselling.

5. What do you mean by observation in counselling?

Substantiate the significance of research in counselling.

 $(4 \times 2 = 8)$

PART – II

Answer any four questions in less than 200 words. Each question carries four marks.

7. What do you mean by NLP ? Give a critical analysis.

- 8. Define strategies and explain the strategies used I counselling.
- Substantiate the issues and challenges in the counsellor counselee relationship.
- Explain the process of sudden bereavement and explain the application of counselling in the process.

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- 11. Briefly discuss about the scope of counselling in de-addiction setting.
- 12. What are the major skills of a counsellor?
- Critically analyze the significance of non verbal behaviours in counselling with citations of steps in counselling. (4×4=16)

PART - III

Answer any two questions in less than 800 words. Each question carries eight marks.

- 14. List out and prepare a detailed essay on the qualities of a counsellor.
- 15. Give an account on the types of disasters and explain the possibility of counselling in managing them.
- 16. Write an essay on the issues and challenges of counselling in the educational setting in Kerala in the light of the school based suicides or atrocities. (2×8=16)