



K21P 0551

Reg. No. : .....

Name : .....



**First Semester M.Sc. Degree (CBSS – Reg./Suppl. (Including Mercy  
Chance)/Imp.) Examination, October 2020**

**(2015 Admission Onwards)**

**COUNSELLING PSYCHOLOGY**

**PSY 1C04 : Fundamentals of Counselling**

Time : 3 Hours

Max. Marks : 60

**PART – A**

Answer **any five** of the following. **Each** answer should **not** exceed **100** words.  
**All** questions carry **equal** marks.

1. Counselling
2. Debriefing
3. Counsellor-client relationship
4. Action planning
5. Reflection skills
6. Validation of experiences
7. Follow up.

(5×2=10)

**PART – B**

Answer **any two** of the following. **Each** answer should **not** exceed **200** words.  
**All** questions carry **equal** marks.

8. Non-verbal skills of a counsellor.
9. Significance of proper assessment of a client.
10. Indications for referral.

(2×5=10)

P.T.O.



## PART – C

Answer **any two** of the following. **Each** answer should **not** exceed **400** words.  
**All** questions carry **equal** marks.

11. Describe the relevant aspects of initial interviews.
12. Discuss different types of termination.
13. Explain the supportive tools for engagement in counselling process. (2×8=16)

## PART – D

Answer **any two** of the following. **Each** answer should **not** exceed **600** words.  
**All** questions carry **equal** marks.

14. Discuss the relevance of theoretical backup in counselling process.
  15. Explain the skills and tasks for engaging a client.
  16. Describe different skills required for a deep counselling relationship.
  17. Imagine a client with academic difficulties and write in detail about the assessment and goals you might be planning to set for counselling with him/her. (2×12=24)
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