DON BOSCO ARTS & SCIENCE COLLEGE ANGADIKADAVU

(Affiliated to Kannur University Approved by Government of Kerala) ANGADIKADAVU P.O., IRITTY, KANNUR – 670706



COURSE PLAN

DEPARTMENT OF PSYCHOLOGY

(2020 - 22)

SEMESTER - III

ACADEMIC YEAR - (2021-22)

	III Semester Department (2020 - 22)							
SL. No.	Name of Subjects with Code	Name of the Teacher	Duty Hours per week					
1.	PSY3 C09 - RESEARCH METHODOLOGY & DATA ANALYSIS	Dyna Scaria	5					
2.	PSY3 C10 - COMMUNITY PSYCHOLOGY	Seemanth Chandran. P.K	5					
3.	PSY E03 - ADDICTION COUNSELLING	Dr. Fr. Kuriakose Pallikunnel	5					
4.	PSY E06 - FAMILY COUNSELLING	Dyna Scaria	5					
	Name of Class Incharge	Manjith R						

TIME TABLE

Day	09.50 Am - 10.45 Am	10.45 Am - 11.40 Am	11.55 Am - 12.50 Pm	01.40 Pm - 02.35 Pm	02.35 Pm - 03.30 Pm	03.35 Pm - 04.30 Pm
1	Dyna Scaria	Fr. Kuriakose	Dyna Scaria	Seemanth Chandran	Research	Counseling psychology Practical
2	Dyna Scaria	Fr. Kuriakose	Dyna Scaria	Seemanth Chandran	Seemanth Chandran	Counseling psychology Practical
3	Dyna Scaria	Fr. Kuriakose	Seemanth Chandran	Dyna Scaria	Research	Counseling psychology Practical
4	Dyna Scaria	Fr. Kuriakose	Dyna Scaria	Seemanth Chandran	Research	Counseling psychology Practical
5	Seemanth Chandran	Fr. Kuriakose	Fr. Kuriakose	Dyna Scaria	Practical	Counseling psychology Practical

Subject Code:	PSY3 C09
Subject Name:	RESEARCH METHODOLOGY & DATA ANALYSIS
No. of Credits:	4
No. of Contact Hours:	72
Hours per Week:	5
Name of the Teacher:	DYNA SCARIA

SYLLABUS OF RESEARCH METHODOLOGY & DATA ANALYSIS

Objectives

- To familiarize the students with the methods in psychological research
- To make the students learn various sampling techniques and research designs
- To help the students to get broader understanding on report writing and ethical issues in psychological research

Module 1: Introduction:

Scientific research: definition, characteristics, psychological research: goals, basic terms: concepts, constructs, variables, problem- review of literature, hypothesis, types of research- basic and applied, experimental and non-experimental, laboratory experiment, field study and field experiment, quantitative and qualitative, historical research, Stages in research.

Module 2: Sampling & Data collection methods:

Sample and population, normal distribution curve, sampling, probability and non probability sampling: types, primary and secondary data, questionnaire, schedule, interview, observation, survey.

Module 3: Designs of research:

Research design, purpose of research design, criteria of research design, basic principles of experimental designs, types of experimental designs: pre-experimental designs, between group designs, within group designs, quasi experimental designs, small N designs

Module 4: Analysis and interpretation:

Quantitative and qualitative analysis. Qualitative dealing with qualitative data, hypothesis testing: errors, parametric tests: assumptions, correlation, correlation coefficient, Pearson and Spearman, regression, t test, ANOVA, MANOVA, factor analysis, discriminant function analysis, path analysis. non parametric tests: chi-square, Wilcoxon signed rank test, Mann- whitney U test, Kruskal Wallis H test, Friedman test.

Module 5: Writing report and ethical issues:

General purpose of writing a research report, structure and format of report- APA style, preparing a research proposal, computer applications in research- using SPSS, Ethics in research.

No of Weeks	Dates	Session	Торіс
		1	Syllabus introduction
	12-07-2021	2	Unit 1 Introduction to research
1	То	3	Scientific research
	17-07-2021	4	Characteristics of Scientific research
		5	Psychological research & its Goals
		6	Concepts, constructs, variables
	19-07-2021 To 24-07-2021	20 July	Bakrid- Holiday
2		7	Research Problem
2		8	Review of literature
		9	Hypotheses
			Types of research
		10	Research Process
3	26-07-2021	11	Class Test- Module 1
	То	12	Module 2: Sampling & Data collection methods
	31-07-2021	13	Sample and population
		14	Normal distribution curve
4	02-08-2021	15	Sampling & Types

No of Weeks	Dates	Session	Торіс
	То	16	Primary and Secondary data
	07-08-2021	17	Data Collection methods
		18	Class test- Module 2
		19	Module 3: Designs of research
		20	Purpose of research design
	09-08-2021	21	Criteria of research design
5	То	22	Basic principles of experimental designs
	14-08-2021	23	Types of experimental designs
		24	Pre-experimental designs
		25	Between group designs & Within group designs
	16-08-2021	26	Quasi experimental designs, Small N designs
6	То	19 August	Moharam/Onam Vacation
	21-08-2021	20 August	Onam Vacation
		21 August	Onam Vacation
		23 August	Onam Vacation
	23-08-2021	24 August	Onam Vacation
7	To 28-08-2021	25 August	Onam Vacation
,		26 August	Onam Vacation
	20-00-2021	27 August	Onam Vacation
		28 August	Onam Vacation
		30 August	Onam Vacation
	30-08-2021	27	Class test- Module 3
8	То	28	Module 4: Analysis and interpretation
	04-09-2021	29	Quantitative and qualitative analysis
		30	Hypothesis testing: Errors
	06-09-2021		STUDY LEAVE
9	То		STUDY LEAVE
,	11-09-2021		STUDY LEAVE
	11-07-2021		STUDY LEAVE
			STUDY LEAVE
	13-09-2021		STUDY LEAVE
10	То		I SEMESTER PG EXAMINATION
	18-09-2021		I SEMESTER PG EXAMINATION
			I SEMESTER PG EXAMINATION
			I SEMESTER PG EXAMINATION
	20-09-2021		I SEMESTER PG EXAMINATION
11	To	21 September	Sree Narayana Guru Samadhi
	10		I SEMESTER PG EXAMINATION

No of Weeks	Dates	Session	Торіс
	25-09-2021		I SEMESTER PG EXAMINATION
			I SEMESTER PG EXAMINATION
		31	Parametric tests-Assumptions
	27-09-2021	32	Correlation
12	To 02-10-2021	33	Correlation coefficient- Interpretation
14		34	Pearson Correlation
	02-10-2021	35	Spearman Correlation
		2 October	Gandhi Jayanthi
		36	Regression,
		37	t test
		38	ANOVA
	04-10-2021	39	MANOVA
13	То	40	Factor analysis
10	09-10-2021	41	Discriminant function analysis
	07 10 2021	42	Path analysis
		14 October	Mahanavami
		15 October	Vijayadasami
		43	Non parametric tests
	18-10-2021 To 23-10-2021	44	Chi-square test
		19 October	Milad-i-Sherif
15		45	Wilcoxon signed rank test
15		46	Mann- whitney U test
		47	Kruskal Wallis H test
		48	Class test- Module 4 Friedman test
	25-10-2021 To 30-10-2021	49	INTERNAL EXAMINATION
		50	INTERNAL EXAMINATION
16		51	INTERNAL EXAMINATION
		52	INTERNAL EXAMINATION
		53	INTERNAL EXAMINATION
	01-11-2021	54	Module 5: Writing report and ethical issues
17	То	55	General purpose of writing a research report
	06-11-2021	56	Structure and format of report
		4 November	Diwali
	00 11 2021	57	APA style
10	08-11-2021	58	Research proposal preparation
18	To	59	Computer applications in research-SPSS
	13-11-2021	60	SPSS training
		61	Ethics in research

No of Weeks	Dates	Session	Торіс
		62	INTERNAL EXAMINATION
	15-11-2021	63	INTERNAL EXAMINATION
19		64	INTERNAL EXAMINATION
	To	65	INTERNAL EXAMINATION
	19-11-2021	66	INTERNAL EXAMINATION
		67	Class test-Module 5
	22-11-2021	68	Revision- Module 1
20	То	69	Revision-Module 2
	26-11-2021	70	Revision-Module 3
		71	Revision- Module 4
		72	Revision- Module 5
	29-11-2021		II SEMESTER PG EXAMINATION
21	То		II SEMESTER PG EXAMINATION
-1	03-12-2021		II SEMESTER PG EXAMINATION
	05 12 2021		II SEMESTER PG EXAMINATION
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	06-12-2021 To 10-12-2021		II SEMESTER PG EXAMINATION
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23	To		
	17-12-2021		
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	24-12-2021		
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25			

Subject Code:	PSY3 C10
Subject Name:	COMMUNITY PSYCHOLOGY
No. of Credits:	4
No. of Contact Hours:	72
Hours per Week:	5
Name of the Teacher:	Seemanth Chandran. P.K

SYLLABUS OF COMMUNITY PSYCHOLOGY

Objectives:

- To give the students an idea regarding community psychology.
- To make them aware about important of community mental health and community problems.
- To develop the basic understanding about human diversity and social change.

Module 1: Introduction

Community psychology: A shift in perspective. First order and second order change. Seven core values in community psychology. Historical and philosophical background. Ecological levels of analysis in community psychology. Methods of community research.

Module 2: Understanding Communities

What is community? Types & levels of communities. Sense of community. Key dimensions of human diversity. Individualism-collectivism spectrum of culture. Liberation and oppression. Identities and acculturation.

Module 3: Social Change

Types, approaches, reason and issues of social change. Creating and sustaining social change, citizen participation, networking, professional change agents: consultants, the non-professionals in community psychology, information dissemination, public policy.

Module 4: Community Mental Health

Community mental health and community mental health centres. Mental health models behavioristic, organizational, ecological and social action model. Prevention and promotion: Caplan primary, secondary, and tertiary prevention. Bower's model-KISS, AID, ICE. The prevention equation. Stress coping and social support. Community psychology in health care setting. M Sc Counselling Psychology

Module 5: community psychology intervention in diverse system.

Community psychology and educational system-problems of education and intervention in education system; delinquency and crime, Community psychology in legal setting and intervention in the criminal justice system, Community psychology in organizational setting - unemployment and under employment.

REFERENCES:

1. Dalton, J. H., Elias, M. J. & Wandersman, A. (2007). Community Psychology

Linking Individuals and Communities. USA: Thomson Wadsworth Publication.

2. Duffy, K.P., & Wong, F. Y. (2003). Community Psychology (3rd ed). USA: Pearson education , Inc.

3. Rappaport, J. (1977). Community psychology- values, research and action. USA:Holt, rinchart & Winston.

4. Shanmugam, T.E. (1988). Community psychology. Madras:UTSAV

5. Nelson, G., & Prilletensky, I. (2005). Community psychology- in pursuit of liberation and well being. NewYork: Palgrave Macmillan.

No of Weeks	Dates	Session	Торіс
		1	Syllabus Introduction
	12-07-2021	2	Module 1: Introduction
1	To 17-07-2021	3	Community psychology: A shift in perspective
	17-07-2021	4	First order and second order change.
		5	Seven core values in community psychology.
	19-07-2021	20 July	Bakrid- Holiday
2	To	6	Historical and philosophical background
	24-07-2021	7	Ecological Levels of analysis in community psychology.
		8	Methods of community research.
		9	Revision
3	26-07-2021 To 31-07-2021	10	UNIT TEST
5		11	Module 2: Understanding Communities: What is community
		12	Types & levels of communities
		13	Sense of community.
4	02-08-2021 To 07-08-2021	14	Key dimensions of human diversity.
-		15	Individualism-collectivism spectrum of culture.
		16	Liberation and oppression.
	09-08-2021	17	Identities and acculturation.
5	To	18	Revision
5	14-08-2021	19	UNIT TEST
	14-08-2021	20	Module 3: Social Change: Types of Social Change
		21	Approaches of social change 1
	16-08-2021	22	Approaches of social change 2
6	То	23	Reason and issues of Social Change
	21-08-2021	19 August	Moharam/Onam Vacation
		20 August	Onam Vacation
		21 August	Onam Vacation

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II To 25-09-2021 I SEMESTER PG EXAMINATION 30 Revision Unit 3	11		1	· · · · · · · · · · · · · · · · · · ·
30 Revision Unit 3				
		25-09-2021		I SEMESTER PG EXAMINATION
31 UNIT TEST			30	Revision Unit 3
		25.00.2021	31	UNIT TEST
27-09-2021 Module 4: Community Mental Health: Community				Module 4: Community Mental Health: Community
12 To 32 mental health and community mental health centres	12		32	mental health and community mental health centres
02-10-2021 33 Mental health models behavioristic, organizational,		02-10-2021	33	Mental health models behavioristic, organizational,

No of Weeks	Dates	Session	Торіс
			ecological and social action model.
		34	Prevention and promotion: Caplan primary, secondary, and tertiary prevention.
		2 October	Gandhi Jayanthi
		35	Bower's model- KISS,
12	04-10-2021	36	AID, ICE.
13	To 09-10-2021	37	The prevention equation.
		38	Stress coping and social support.
		39	Community psychology in health care
	11-10-2021	40	Revision
14	То	41	UNIT TEST
17	16-10-2021	14 October	Mahanavami
	10-10-2021	15 October	Vijayadasami
		42	ASSIGNMENT PRESENTATION
		43	ASSIGNMENT PRESENTATION
	18-10-2021 To 23-10-2021	19 October	Milad-i-Sherif
15		44	Module 5: community psychology intervention in diverse system.
		45	Community psychology and educational system problems of education and intervention in education system
		46	Delinquency and crime,
		47	INTERNAL EXAMINATION
	25-10-2021	48	INTERNAL EXAMINATION
16	То	49	INTERNAL EXAMINATION
	30-10-2021	50	INTERNAL EXAMINATION
		51	INTERNAL EXAMINATION
17		52	Community psychology in legal setting
	01-11-2021	53	Intervention in the criminal justice system
	To 06-11-2021	54	Community psychology in organizational setting
	00-11-2021	4 November	Diwali
		55	Unemployment and under employment.

No of Weeks	Dates	Session	Торіс
	08-11-2021	56	Community psychology in other areas
18	То	57	Revision
10	13-11-2021	58	Unit Test
	15 11 2021	59	Seminar Allotment
		60	INTERNAL EXAMINATION
	15-11-2021	61	INTERNAL EXAMINATION
19	То	62	INTERNAL EXAMINATION
	19-11-2021	63	INTERNAL EXAMINATION
	17 11 2021	64	INTERNAL EXAMINATION
	22-11-2021	65	SEMINAR PRESENTATION
20	То	66	SEMINAR PRESENTATION
	26-11-2021	67	SEMINAR PRESENTATION
		68	SEMINAR PRESENTATION
		69	SEMINAR PRESENTATION
	29-11-2021		II SEMESTER PG EXAMINATION II SEMESTER PG EXAMINATION
21	To 03-12-2021		II SEMESTER PG EXAMINATION II SEMESTER PG EXAMINATION
			II SEMESTER PG EXAMINATION
			II SEMESTER PG EXAMINATION
			II SEMESTER PG EXAMINATION
	06-12-2021 To 10-12-2021		II SEMESTER PG EXAMINATION
22		70	REVISION
		71	REVISION
		72	REVISION
	12 12 2021		
22	13-12-2021		
23	To		
	17-12-2021		
	20-12-2021		
24	20-12-2021 To		
	24-12-2021		
25			

Subject Code:	PSY-E03
Subject Name:	ADDICTION COUNSELLING
No. of Credits:	4
No. of Contact Hours:	72
Hours per Week:	5
Name of the Teacher:	Dr. Fr. Kuriakose Pallikunnel

SYLLABUS OF ADDICTION COUNSELLING

Objectives:

- To give the students an idea regarding counseling process and techniques in specialized area of addiction.
- To give the students a basic knowledge regarding the approaches in addiction counseling.
- To give the students an idea regarding what are the explanations and models of addictive behaviors

Unit 1: Addiction- an introduction

Definition; history; neurochemistry of addiction; Different models of addictionbiological, psychological, social models, moral, medical and harm reduction model. Course and stages of addiction; Types of addictive drugs

Unit 2: Neurobiology of addiction

How do drugs affect nervous system function and behavior- electrochemical communication between neurons, pharmaco-dynamics and pharmacokinetics; pharmacological application to drug abuse; neurobiological substrates of drug reward; brain change in response to prolonged drug exposure.

Unit 3: Counseling theories

Theories of counseling related to addiction treatment- dangers and recommendations. Psychoanalytic, person-centred, control theory, behavior theory and cognitive theory.

Unit 4: Interventions

Crisis intervention- short term counseling, common addiction recovery crisis, individual counseling- genuine counseling, treatment plans; group counseling- types of groups, stages of group development, group leader techniques, specific issues. Family therapy- types of addictive families, basic concepts and techniques, co-dependency; self -help groups and relapse prevention.

Unit 5: Counseling for Alcohol Problems

Understanding Alcohol Problems, therapeutic approaches, process and stages of counseling, dealing with groups, preventing and dealing with relapse.

References

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- Miller, G. (2005). Learning the Language of Addiction Counseling (2nd Ed.). USA: John Wiley And Sons.
- Velleman, R. (2011). Counseling for Alcohol Problems. (3rd ed.). London: Sage Publications.
- Rassool, G.H. (2011). Understanding addiction behaviors- theoretical & clinical practice in health & social care. New York: Palgrave Macmillan.
- Johnson, S.L. (2003). Therapists guide to substance abuse intervention. USA: Academic press.

No of Weeks	Dates	Session	Торіс
	1	Syllabus introduction	
	12-07-2021	2	Unit 1: Addiction- an introduction
1	То	3	Definition
	17-07-2021	4	History
		5	Neurochemistry of addiction
		6	Different models of addiction
	19-07-2021	20 July	Bakrid- Holiday
2	То	7	Biological model
	24-07-2021	8	Psychological models
		9	Social and Moral models
		10	Medical and harm reduction model
	26-07-2021	11	Course and stages of addiction
3	То	12	Types of addictive drugs
	31-07-2021	13	Revision
		14	Unit Test
		15	Unit 2: Neurobiology of addiction
4	02-08-2021 To 07-08-2021	16	How do drugs affect nervous system function and behavior
4		17	Electrochemical communication between neurons
		18	Pharmaco - dynamics
		19	Pharmacokinetics
		20	Pharmacological application to drug abuse
	09-08-2021	21	Neurobiological substrates of drug reward
5	То	22	Brain change in response to prolonged drug exposure
	14-08-2021	23	Revision
		24	Unit test
		25	Unit 3: Counseling theories.
	16-08-2021	26	Theories of counseling related to addiction treatment
6	То 00 2021	27	Dangers and recommendations
U	21-08-2021	19 August	Moharam/Onam Vacation
	21-00-2021	20 August	Onam Vacation
		21 August	Onam Vacation
	23-08-2021	23 August	Onam Vacation
7	To	24 August	Onam Vacation
		25 August	Onam Vacation

No of Weeks	Dates	Session	Торіс
	28-08-2021	26 August	Onam Vacation
		27 August	Onam Vacation
		28 August	Onam Vacation
		30 August	Onam Vacation
	30-08-2021	28	Psychoanalytic
8	То	29	Person centered
Ŭ	04-09-2021	30	Control theory
	07 07 2021	31	Behavior theory
		32	Cognitive theory
		33	Revision
	06-09-2021	34	Unit test
9	То		STUDY LEAVE
-	11-09-2021		STUDY LEAVE
	11 07 2021		STUDY LEAVE
			STUDY LEAVE
			STUDY LEAVE
	13-09-2021		STUDY LEAVE
10	То		I SEMESTER PG EXAMINATION
10	18-09-2021		I SEMESTER PG EXAMINATION
			I SEMESTER PG EXAMINATION
			I SEMESTER PG EXAMINATION
			I SEMESTER PG EXAMINATION
	20-09-2021	21 September	Sree Narayana Guru Samadhi
11	То		I SEMESTER PG EXAMINATION
	25-09-2021		I SEMESTER PG EXAMINATION
	25 07 2021		I SEMESTER PG EXAMINATION
		35	Assignment
		36	Assignment
	27-09-2021	37	Seminar
12	То	38	Seminar
	02-10-2021	39	Seminar
	02 10 2021	40	Seminar
		2 October	Gandhi Jayanthi
	04 10 2021	41	Unit 4: Interventions
	04-10-2021	42	Crisis intervention- techniques
13	То	43	Short term counseling,
	09-10-2021	44	Common addiction recovery crisis
		45	Individual counseling

No of Weeks	Dates	Session	Торіс
		46	Genuine counseling
	11-10-2021	47	Treatment plans
14	То	48	Group counseling- types of groups
14	16-10-2021	14 October	Mahanavami
	10-10-2021	15 October	Vijayadasami
		49	Stages of group development
		50	Group leader techniques
	18-10-2021	19 October	Milad-i-Sherif
15	То	51	Specific issues
	23-10-2021	52	Family therapy- types of addictive families
	25 10 2021	53	Basic concepts and techniques
		54	Co-dependency
			INTERNAL EXAMINATION
	25-10-2021		INTERNAL EXAMINATION
16	То		INTERNAL EXAMINATION
10	30-10-2021		INTERNAL EXAMINATION
	30 10 2021		INTERNAL EXAMINATION
		55	Self - help groups and relapse prevention
		56	Revision
	01-11-2021	57	Unit test
17	То	58	Unit 5: Counseling for Alcohol Problems
	06-11-2021	4 November	Diwali
	00 11 2021	59	Understanding Alcohol Problems,
		60	Therapeutic approaches,.
		61	Process and stages of counseling, s,
	08-11-2021	62	Dealing with group
18	То	63	Preventing and dealing with relapse
	13-11-2021	64	Revision
		65	Unit test
			INTERNAL EXAMINATION
			INTERNAL EXAMINATION
19	15-11-2021		INTERNAL EXAMINATION
	То		INTERNAL EXAMINATION
	19-11-2021		INTERNAL EXAMINATION
		66	Q&A discussion
	22-11-2021	67	Q&A discussion
20	То	68	Q&A discussion
		69	Q&A discussion

No of Weeks	Dates	Session	Торіс
	26-11-2021	70	Final Revision
		71	Final Revision
		72	Final Revision
	29-11-2021		II SEMESTER PG EXAMINATION
21	То		II SEMESTER PG EXAMINATION
	03-12-2021		II SEMESTER PG EXAMINATION
	05 12 2021		II SEMESTER PG EXAMINATION
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	06-12-2021		II SEMESTER PG EXAMINATION
22	То		
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23	То		
	17-12-2021		
	20-12-2021		
24			
24	To		
	24-12-2021		
25			
25			

Subject Code:	PSY-E06
Subject Name:	FAMILY COUNSELLING
No. of Credits:	4
No. of Contact Hours:	72
Hours per Week:	5
Name of the Teacher:	DYNA SCARIA

SYLLABUS OF FAMILY COUNSELLING

Objectives

- To familiarize the students with the methods in psychological research
- To make the students learn various sampling techniques and research designs
- To help the students to get broader understanding on report writing and ethical issues in psychological research

Module 1: Introduction:

Scientific research: definition, characteristics, psychological research: goals, basic terms: concepts, constructs, variables, problem- review of literature, hypothesis, types of research- basic and applied, experimental and non-experimental, laboratory experiment, field study and field experiment, quantitative and qualitative, historical research, Stages in research.

Module 2: Sampling & Data collection methods:

Sample and population, normal distribution curve, sampling, probability and non probability sampling: types, primary and secondary data, questionnaire, schedule, interview, observation, survey.

Module 3: Designs of research:

Research design, purpose of research design, criteria of research design, basic principles of experimental designs, types of experimental designs: pre-experimental designs, between group designs, within group designs, quasi experimental designs, small N designs

Module 4: Analysis and interpretation:

Quantitative and qualitative analysis. Qualitative dealing with qualitative data, hypothesis testing: errors, parametric tests: assumptions, correlation, correlation coefficient, Pearson and Spearman, regression, t test, ANOVA, MANOVA, factor

analysis, discriminant function analysis, path analysis. non parametric tests: chisquare, Wilcoxon signed rank test, Mann- whitney U test, Kruskal Wallis H test, Friedman test,

Module 5: Writing report and ethical issues:

General purpose of writing a research report, structure and format of report- APA style, preparing a research proposal, computer applications in research- using SPSS, Ethics in research.

No of Weeks	Dates	Session	Торіс
		1	Syllabus introduction
	12-07-2021	2	Module 1: Family
1	То	3	Family counselling- Nature & Characteristics
	17-07-2021	4	The art and science of marriage and family counseling
		5	The changing forms of family life- Seminar
		6	The changing forms of family life- Seminar
	19-07-2021	20 July	Bakrid- Holiday
2	То	7	The changing forms of family life- Seminar
	24-07-2021	8	Origin of family perspectives in counseling
		9	Brief history of family counseling
		10	Class test- Module 1
	26-07-2021 To 31-07-2021	11	Module 2: Models and Theory of Family Counseling
3			Developmental model of family life
5		12	Stages of family life cycle
		13	Family life spiral nature
		14	Family genogram
	02 08 2021	15	General system theory and systems approach to family counseling,
	02-08-2021 To 07-08-2021	16	Communication approach to family counseling,
4		17	Human validation process model of family counseling,
		18	Structural family counseling
		19	Strategic family counseling
	09-08-2021	20	Multigenerational family counseling,
5		21	Symbolic/ experiential family counseling,
	То	22	Psychodynamic family counseling

No of Weeks	Dates	Session	Торіс
	14-08-2021	23	Adlerian family counselling
		24	Post modern/ social constructionist trends in family counseling
		25	The reflecting team
	16-08-2021	26	The linguistic approach,
6	То	19 August	Moharam/Onam Vacation
	21-08-2021	20 August	Onam Vacation
		21 August	Onam Vacation
		23 August	Onam Vacation
	23-08-2021	24 August	Onam Vacation
7	То	25 August	Onam Vacation
1	28-08-2021	26 August	Onam Vacation
	28-08-2021	27 August	Onam Vacation
		28 August	Onam Vacation
		30 August	Onam Vacation
	30-08-2021	27	The narrative approach
8	То	28	Solution oriented counseling,
	04-09-2021	29	Feministic counseling,
		30	Class test- Module 2
	06-09-2021		STUDY LEAVE
9	То		STUDY LEAVE
,	11-09-2021		STUDY LEAVE
	11 07 2021		STUDY LEAVE
			STUDY LEAVE
	13-09-2021		STUDY LEAVE
10	То		I SEMESTER PG EXAMINATION
10	18-09-2021		I SEMESTER PG EXAMINATION
			I SEMESTER PG EXAMINATION
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	20-09-2021	21 September	Sree Narayana Guru Samadhi
11	То		I SEMESTER PG EXAMINATION
	25-09-2021		I SEMESTER PG EXAMINATION
			I SEMESTER PG EXAMINATION
	27-09-2021	31	Module 3: Family Violence
12	То	32	Define family violence
	02-10-2021	33	Theoretical explanation for family violence,
		34	Sexual assault

No of Weeks	Dates	Session	Торіс
		35	Child neglect
		2 October	Gandhi Jayanthi
		36	Psychological maltreatment
		37	Child abuse
		38	Dating aggression
	04-10-2021	39	Stalking,
13	То	40	Abused and abusive heterosexual partners.
15	09-10-2021	41	Abused and abusive partners in understudied population,
	09-10-2021	42	Adult intimate partner violence
		14 October	Mahanavami
		15 October	Vijayadasami
		43	Class test- Module 3
		44	Module 4: Assessing Family context
	18-10-2021	19 October	Milad-i-Sherif
15	То	45	Family context
15	23-10-2021	46	Family assessment general issues
	23-10-2021	47	Omnibus rating scales
		48	Parenting style and practices, Parent adjustment.
		49	INTERNAL EXAMINATION
	25-10-2021	50	INTERNAL EXAMINATION
16	То	51	INTERNAL EXAMINATION
	30-10-2021	52	INTERNAL EXAMINATION
		53	INTERNAL EXAMINATION
	01-11-2021	54	Marital discord and divorce,
17	То	55	Module 5: Counseling Process
17	06-11-2021	56	Marriage counseling-counseling process, skills
	00-11-2021	4 November	Diwali
		57	Couple counseling
	08-11-2021	58	Marital assessment & assessment of divorce
18	То	59	Family counseling- counseling process
	13-11-2021	60	diversity issues in marriage and family counseling,
		61	Limitation of family counseling
		62	INTERNAL EXAMINATION
	15-11-2021	63	INTERNAL EXAMINATION
19	To	64	INTERNAL EXAMINATION
	19-11-2021	65	INTERNAL EXAMINATION
	19-11-2021	66	INTERNAL EXAMINATION
20	22-11-2021	67	Infertility counseling

No of Weeks	Dates	Session	Торіс
	То	68	Class test-Module 5
	26-11-2021	69	Revision- Module 1
		70	Revision-Module 2
		71	Revision-Module 3
		72	Revision- Module 4
	29-11-2021		II SEMESTER PG EXAMINATION
21	То		II SEMESTER PG EXAMINATION
	03-12-2021		II SEMESTER PG EXAMINATION
	03-12-2021		II SEMESTER PG EXAMINATION
			II SEMESTER PG EXAMINATION
			II SEMESTER PG EXAMINATION
	06-12-2021		II SEMESTER PG EXAMINATION
22	То		
	10-12-2021		
	12 12 2021		
22	13-12-2021		
23	То		
	17-12-2021		
	20 12 2021		
24	20-12-2021		
24	То		
	24-12-2021		
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25			