## DON BOSCO ARTS & SCIENCE COLLEGE

### ANGADIKADAVU

(Affiliated to Kannur University Approved by Government of Kerala) ANGADIKADAVU P.O., IRITTY, KANNUR – 670706



# **COURSE PLAN**

# (Department of Social Work) (2021 - 24)

**SEMESTER – II** 

## **ACADEMIC YEAR 2021 – 22**

|            | II Semester (Department of Social Work) (2021 - 23)            |                            |                        |  |  |  |  |
|------------|--|----------------------------|------------------------|--|--|--|--|
| Sl.<br>No. | Name of Subjects with Code                                     | Name of the Teacher        | Duty Hours<br>Per Week |  |  |  |  |
| 1.         | MSW1C02- Society And Social Analysis                           | Fr. Sojan P J              | 5                      |  |  |  |  |
| 2.         | MSW1C01- Fundamentals of social work Profession                | Mr. Zaviarkutty<br>Francis | 5                      |  |  |  |  |
| 3.         | MSW1C03 -Developmental Psychology                              | Mrs. Ayana<br>Swaminathan  | 5                      |  |  |  |  |
| 4.         | MSW1E01 - Communication and Field Work practice                | Mrs. Aiswarya<br>Thomas    |                        |  |  |  |  |
| 5.         | MSW1C04 -Work with Individuals and Families (Social Case work) | Ms. Aneesha Siby           | 5                      |  |  |  |  |
|            | Name of Class Incharge   | Mrs. Ayana<br>Swaminathan  |                        |  |  |  |  |

| Day | 09.50 Am -<br>10.45 Am         | 10.45 Am -11.40<br>Am                        | 11.55 Am -12.50<br>Pm       | 01.40 Pm -<br>02.35 Pm   | 02.35 Pm -<br>03.30 Pm                      |
|-----|--------------------------------|--|-----------------------------|--|---|
| 1   | Society And Social<br>Analysis | Fundamentals of<br>social work<br>Profession | Developmental<br>Psychology | Work with<br>Individuals and<br>Families (Social<br>Case work) | Communication<br>and Field Work<br>practice |
| 2   | Society And Social<br>Analysis | Fundamentals of<br>social work<br>Profession | Developmental<br>Psychology | Work with<br>Individuals and<br>Families (Social<br>Case work) | Communication<br>and Field Work<br>practice |
| 3   | Society And Social<br>Analysis | Fundamentals of<br>social work<br>Profession | Developmental<br>Psychology | Work with<br>Individuals and<br>Families (Social<br>Case work) | Communication<br>and Field Work<br>practice |
| 4   | Society And Social<br>Analysis | Fundamentals of<br>social work<br>Profession | Developmental<br>Psychology | Work with<br>Individuals and<br>Families (Social<br>Case work) | Communication<br>and Field Work<br>practice |
| 5   | Society And Social<br>Analysis | Fundamentals of<br>social work<br>Profession | Developmental<br>Psychology | Work with<br>Individuals and<br>Families (Social<br>Case work) | Communication<br>and Field Work<br>practice |
| 6   | Society And Social<br>Analysis | Fundamentals of<br>social work<br>Profession | Developmental<br>Psychology | Work with<br>Individuals and<br>Families (Social<br>Case work) | Communication<br>and Field Work<br>practice |

| Subject Code:         | MSW1C02                     |
|-----------------------|-----------------------------|
| Subject Name:         | SOCIETY AND SOCIAL ANALYSIS |
| No. of Credits:       | 3                           |
| No. of Contact Hours: | 90                          |
| Hours per Week:       | 5                           |
| Name of the Teacher:  | Fr. Sojan P J               |

#### SYLLABUS SEMESTER-1 MSW1C02 - SOCIETY AND SOCIAL ANALYSIS

#### Module-1

Sociology and primary concepts in Sociology: Sociology: Definition, Origin and development, significance of sociology in social work. Society: definition, characteristics, Individual in a society.

#### Module-2

Individual and society: Society as system of social relationship, Human Behaviour and the Factors Influencing Human Behaviour and Socialization. Socialization: definition and theories . Agencies of socialization: Heredity- concept, mechanism and influence of heredity on human behavior, Environment – concept and influence of social, physical and family environment, The self and the self concept. The mechanism of heredity and environment in the process of socialization. Social Process: definitions. Social interactions: Definition, types. Competition, conflict, Assimilation, Accommodation, Cooperation. Social stratification: definition, theories, types, caste and race. Social change: definition, theories, factors of social change, social progress and regress.

#### Module-3

Culture: definition, culture and Civilization. Associations: definition, characteristics, types. Institutions: definition, Characteristics, and types, Family, Marriage, Education, Political, Religious, economic. Community: definition, Characteristics, types.

#### Module-4

Social disorganization: Definition, Meaning, nature and factors responsible for social disorganization. deviant behavior. Social control: definition, agencies of social control. Social Problems: social problems: Marital conflict, family violence, divorce, dowry deaths, suicide, child abuse, juvenile delinquency, child labor, , commercial sex work and human trafficking, Addictions Drug peddling, beggary, un-employment, squatter settlement and slums. Caste conflicts.

#### Module-5

Definition, Nature and Scope of Economics i. Factors of production – Land, Labour, Capital Organisation. ii. Economic System – Capitalism, Socialism, Communism iii. Mixed economy – Public Sector, Private Sector a critique of the systems. iv. Supply and demand, effort at reversing adverse cycles. Microcredits and management. v. Theories of population. vi. Poverty – basic concepts, Unemployment – Basic Concepts

| No of<br>Weeks | Dates                          | Session    | Торіс  |
|----------------|--------------------------------|------------|--|
|                |                                | 1          | Orientation  |
|                | 07 02 2022                     | 2          | Introducing course   |
| 1              | 07-02-2022<br>To<br>12-02-2022 | 3          | Module-1   |
| 1              |                                | 4          | Sociology and primary concepts in Sociology<br>Sociology: Definition |
|                |                                | 5          | Origin and development   |
|                |                                | 12-02-2022 | Second Saturday  |
|                |                                | 6          | Society: definition  |
|                |                                | 7          | Characteristics  |
|                | 14-02-2022                     | 8          | Individual in a society  |
| 2              | То                             |            | College Arts Fest  |
|                | 19-02-2022                     |            | College Arts Fest  |
|                |                                | 9          | Question paper discussion  |
|                |                                | 10         | Module-2   |
|                |                                |            | Individual and society   |
|                | 21-02-2022                     | 11         | Test paper- module 1   |
| 3              | То                             | 12         | Human Behaviour  |
|                | 26-02-2022                     | 13         | the Factors Influencing Human Behaviour and Socialization            |
|                |                                | 14         | Socialization: definition  |
|                |                                | 15         | Theories   |
|                |                                | 16         | Heredity- concept  |
|                | 28-02-2022                     | 01-03-2022 | Shivarathri  |
| 4              | To<br>05-03-2022               | 17         | Mechanism  |
| 4              |                                | 18         | influence of heredity on human behaviour                             |
|                |                                | 19         | Environment – concept  |
|                |                                | 20         | influence of social, physical and family<br>environment              |
|                |                                | 21         | The mechanism of heredity and environment in the process of          |
|                |                                |            | socialization.   |
|                | 07-03-2022                     | 22         | Social Process: definitions  |
| 5              | То                             | 23         | Social interactions: Definition                                      |
|                | 12-03-2022                     | 24         | Types  |
|                |                                | 25         | Competition, conflict, Assimilation                                  |
|                |                                | 12-03-2022 | Second Saturday  |
|                |                                | 26         | Social stratification: definition                                    |
|                | 14-03-2022                     | 27         | Theories   |
| 6              | То                             | 28         | Types  |
|                | 19-03-2022                     | 29         | caste and race   |
|                | 17-03-2022                     | 30         | Social change: definition  |
|                |                                | 31         | factors of social change   |
| 7              | 21-03-2022                     | 32         | social progress and regress  |

|    | То               | 33         | Question bank discussion                           |
|----|------------------|------------|--|
|    | 26-03-2022       | 34         | Quiz   |
|    | 20 00 2022       | 35         | Test paper   |
|    |                  | 36         | Individual presentation                            |
|    |                  | 37         | Individual presentation                            |
|    |                  | 38         | Individual presentation                            |
|    |                  | 39         | Individual presentation                            |
|    | 28-03-2022       | 40         | Presentation                                       |
| 8  | То               | 41         | Individual presentation                            |
|    | 02-04-2022       | 42         | Module-3   |
|    |                  |            | Culture: definition                                |
|    |                  | 43         | culture and Civilization                           |
|    |                  | 44         | Associations: definition                           |
|    | 04-04-2022       | 45         | characteristics, types                             |
| 9  | То               | 46         | Institutions: definition                           |
| -  | 09-04-2022       | 47         | Characteristics, and types                         |
|    | 07 01 2022       | 48         | Family   |
|    |                  | 49         | Marriage   |
|    |                  | 50         | Education  |
|    | 11-04-2022       | 51         | Politics   |
| 10 | To<br>16-04-2022 | 13-04-2022 | Easter Holidays                                    |
|    |                  | 14-04-2022 | Easter Holidays                                    |
|    | 10 01 2022       | 15-04-2022 | Easter Holidays                                    |
|    |                  | 16-04-2022 | Easter Holidays                                    |
|    |                  | 18-04-2022 | Easter Holidays                                    |
|    | 18-04-2022       | 52         | I Internal Examination                             |
| 11 | То               | 53         | I Internal Examination                             |
|    | 23-04-2022       | 54         | I Internal Examination                             |
|    | 23 01 2022       | 55         | I Internal Examination                             |
|    |                  | 56         | I Internal Examination                             |
|    |                  | 57         | Economic   |
|    |                  | 58         | Community: definition                              |
|    | 25-04-2022       | 59         | Question paper discussion                          |
| 12 | То               | 60         | Module-4<br>Social disorganization: Definition     |
|    | 30-04-2022       | <i>c</i> 1 | Meaning, nature and factors responsible for social |
|    | 30 04 2022       | 61         | disorganization                                    |
|    |                  | 62         | deviant behaviour                                  |
|    |                  | 63         | Social control: definition                         |
|    |                  | 02-05-2022 | RAMZAN   |
|    | 02-05-2022       | 64         | agencies of social control                         |
| 13 | То               | 65         | Social Problems                                    |
|    | 07-05-2022       | 66         | Marital conflict, family violence                  |
|    |                  | 67         | divorce, dowry deaths, suicide                     |

|    |                                | 68         | child abuse, juvenile delinquency, child labor  |
|----|--------------------------------|------------|---|
|    |                                | 69         | commercial sex work and human trafficking   |
|    | 09-05-2022                     | 70         | Test paper  |
| 14 | To                             | 71         | beggary, un-employment  |
| 14 | 14-05-2022                     | 72         | squatter settlement and slums   |
|    | 14-03-2022                     | 73         | Caste conflicts   |
|    |                                | 14-05-2022 | Second Saturday   |
|    |                                | 74         | Question paper discussion   |
|    | 16.05.0000                     | 75         | Orientation visit   |
|    | 16-05-2022                     | 76         | OV evaluation   |
| 15 | То                             | 77         | Module-5  |
|    | 21-05-2022                     | 78         | Definition, Nature and Scope of Economics<br>Factors of production – Land, Labour, Capital Organisation |
|    |                                | 70         | Economic System – Capitalism, Socialism, Communism  |
|    |                                | 80         | II Internal Examination   |
|    |                                | 81         | II Internal Examination   |
|    | 23-05-2022<br>To<br>28-05-2022 | 82         | II Internal Examination   |
| 16 |                                | 83         | II Internal Examination   |
|    |                                | 84         | II Internal Examination   |
|    |                                | 85         | II Internal Examination   |
|    |                                |            | Mixed economy – Public Sector, Private Sector a critique of   |
|    |                                | 86         | the systems   |
|    | 30-05-2022                     | 87         | Question bank solving   |
| 17 | То                             | 88         | Question bank solving   |
|    | 04-06-2022                     | 89         | Discussion  |
|    |                                | 90         | Discussion  |
|    |                                |            |   |

| Subject Code:         | MSW1C01                                |
|-----------------------|--|
| Subject Name:         | FUNDAMENTALS OF SOCIAL WORK PROFESSION |
| No. of Credits:       | 3                                      |
| No. of Contact Hours: | 90                                     |
| Hours per Week:       | 5                                      |
| Name of the Teacher:  | Mr. Zaviarkutty Francis                |

#### SEMESTER I MSW1C01 - FUNDAMENTALS OF SOCIAL WORK PROFESSION

**Module-1** Social Work: The Concept, meaning, Definitions, Objectives and Functions. Definition and Meaning of the Concepts Social welfare, Social service, Social development, Social change, Human rights, Social exclusion (Marginalization, Exploitation, Oppression), Empowerment, Remedial Social Work, Development oriented Social Work, Social Activism and Social Work in Human Rights Perspective

**Module-2** History and Development of Social Work in India and Abroad: The Concepts Charity, Philanthropy, Social situations, (Poverty, Problems Of Immigrants, Orphan Hood, Squalor ,War Victims Etc). Role of Social reform movements in the Development of Social Work Profession in India. Development of Social Work Education In India : Evolution of social work education, American Marathi Mission, Nagpada Neighbourhood Houase, Mumbai, Sir Dorabji Graduate School Social Work, Mumbai.

**Module-3** The Concept, meaning, Definitions, Objectives and Functions of Methods and Fields of Social Work: Social Case Work, Social Group Work, Social Action, Community Organization, Social Research and Social Welfare Administration, Family & Child welfare, Medical and Psychiatric Social Work, Criminology and Correctional Work, HRD and HRM, and URCD.

**Module-4** Knowledge base in Social Work, Development of knowledge in Social Work, Values and Principles in Social Work Practice: Religious, Political and Utilitarian values, Code of professional ethics, Generic principles of social work.

**Module-5** Ideological Influences of social reform movements, Advent of Missionary (Serampore Missionaries And Catholic Missionaries 1785 Onwards), Gandhian, Ambedkar thoughts, Sree Narayana, Vivekananda Ideologies, Marxist perspectives, Feminist perspective, Subaltern perspectives (Dalit and Adivasi) and Post – modernism influence.

| Dates      | Session          | Торіс   |
|------------|------------------|---|
| 07-02-2022 | 1                | Orientation                                   |
| То         | 2                | Course introduction                           |
| 12-02-2022 | 3                | Module-1<br>Social Work: The Concept, meaning |
|            | 07-02-2022<br>To | 07-02-2022 1<br>To 2                          |

|   |                  | 4          | Definitions  |
|---|------------------|------------|--|
|   |                  | 5          | Objectives   |
|   |                  | 12-02-2022 | Second Saturday  |
|   |                  | 6          | Social welfare- definitions  |
|   | 14-02-2022       | 7          | Meaning  |
| 2 |                  | 8          | Social service   |
| 2 | To               |            | College Arts Fest  |
|   | 19-02-2022       |            | College Arts Fest  |
|   |                  | 9          | Social development   |
|   |                  | 10         | Social change  |
|   | 21-02-2022       | 11         | Social exclusion   |
| 3 | To               | 12         | Marginalization  |
| 3 |                  | 13         | Exploitation   |
|   | 26-02-2022       | 14         | Oppression   |
|   |                  | 15         | Empowerment  |
|   |                  | 16         | Test paper- social work and social welfare                         |
|   | 28-02-2022       | 01-03-2022 | Shivarathri  |
| 4 | To               | 17         | Discussion- Social exclusion in current scenario                   |
| - | 05-03-2022       | 18         | Development oriented Social Work                                   |
|   | 03-03-2022       | 19         | Social Activism  |
|   |                  | 20         | Social Work in Human Rights Perspective                            |
|   |                  | 21         | Test paper- Module 1- part 2                                       |
|   |                  | 22         | Discussion on module 1   |
| _ | 07-03-2022       | 23         | Module-2   |
| 5 | To<br>12-03-2022 | 24         | History and Development of Social Work in India<br>History- abroad |
|   |                  | 24         | Charity concept  |
|   |                  | 12-03-2022 | Second Saturday  |
|   |                  | 26         | Social situations  |
|   |                  | 20         | Poverty, Problems Of Immigrants                                    |
|   | 14-03-2022       | 28         | Orphan Hood, Squalor ,War Victims                                  |
| 6 | То               | 20         | Social reform  |
|   | 19-03-2022       |            | Role of Social reform movements in the Development of              |
|   | 17 05 2022       | 30         | Social Work Profession in India.                                   |
|   |                  | 31         | Development of Social Work Education In India                      |
|   |                  | 32         | Evolution of social work education                                 |
|   | 21-03-2022       | 33         | American Marathi Mission   |
| 7 | 21-03-2022       | 34         | Nagpada Neighbourhood Houase                                       |
| / | To               |            |  |
|   | To               | 35         | Sir Dorabji Graduate School Social Work, Mumbai                    |
|   | To<br>26-03-2022 | 35<br>36   | Sir Dorabji Graduate School Social Work, Mumbai<br>Presentation    |
|   |                  |            |  |
|   | 26-03-2022       | 36         | Presentation   |
| 8 |                  | 36<br>37   | Presentation<br>Presentation                                       |

|    | 02-04-2022 |            | Module-3 The Concept, meaning               |
|----|------------|------------|---|
|    | 02-04-2022 | 41         | Methods and field of social work            |
|    |            |            | Social casework                             |
|    |            | 42         | Definitions, Objectives                     |
|    |            |            | Casework                                    |
|    |            | 43         | Functions                                   |
|    |            |            | Casework<br>Social group work               |
|    |            | 44         | Cocept and definition                       |
|    |            | 4.5        | Group work                                  |
|    | 04-04-2022 | 45         | Functions                                   |
| 9  | То         | 46         | Social Action                               |
|    | 09-04-2022 | 47         | Community Organization                      |
|    |            | 48         | Community Organization                      |
|    |            | 49         | Social Research                             |
|    |            | 50         | Social Welfare Administration               |
|    | 11.04.0000 | 51         | Family & Child welfare                      |
|    | 11-04-2022 | 13-04-2022 | Easter Holidays                             |
| 10 | То         | 14-04-2022 | Easter Holidays                             |
|    | 16-04-2022 | 15-04-2022 | Easter Holidays                             |
|    |            | 16-04-2022 | Easter Holidays                             |
|    |            | 18-04-2022 | Easter Holidays                             |
|    |            | 52         | I Internal Examination                      |
|    | 18-04-2022 | 53         | I Internal Examination                      |
| 11 | То         | 54         | I Internal Examination                      |
|    | 23-04-2022 | 55         | I Internal Examination                      |
|    |            | 56         | I Internal Examination                      |
|    |            | 57         | Medical and Psychiatric Social Work         |
|    |            | 58         | Criminology and Correctional Work           |
|    |            | 50         | HRD and HRM                                 |
|    | 25-04-2022 | 60         | URCD  |
| 12 | То         | 61         |   |
|    | 30-04-2022 | 01         | Test paper- Module 2- part 1<br>Module-4    |
|    |            | 62         | Knowledge base in Social Work               |
|    |            | 63         | Development of knowledge in Social Work     |
|    |            | 02-05-2022 | RAMZAN                                      |
|    |            | 64         | Principles in Social Work Practice          |
|    | 02-05-2022 | 65         | Discussion                                  |
| 13 | То         | 66         | Religious, Political and Utilitarian values |
|    | 07-05-2022 | 67         | Code of professional ethics                 |
|    |            | 68         | Generic principles of social work.          |
|    |            | <br>69     |   |
| 14 | 09-05-2022 |            | Question paper discussion                   |
| 14 | То         | 70         | Quiz preparation                            |
|    |            | /1         | Test paper- module 2 – part 2               |

|    | 14-05-2022       | 72         | Module 5  |
|----|------------------|------------|---|
|    |                  | 73         | Ideological Influences of social reform movements<br>Advent of Missionary- Serampore Missionaries And<br>Catholic Missionaries 1785 Onwards |
|    |                  | 14-05-2022 | Second Saturday   |
|    |                  | 74         | Gandhian  |
|    | 16-05-2022       | 75         | Orientation visit   |
| 15 | To               | 76         | OV evaluation   |
| 15 | 21-05-2022       | 77         | Ambedkar thoughts   |
|    | 21-03-2022       | 78         | Test paper- module 3  |
|    |                  | 79         | Sree Narayana ideologies  |
|    |                  | 80         | II Internal Examination   |
|    | 23-05-2022       | 81         | II Internal Examination   |
| 16 | 23 03 2022<br>To | 82         | II Internal Examination   |
| 10 | 28-05-2022       | 83         | II Internal Examination   |
|    | 28-03-2022       | 84         | II Internal Examination   |
|    |                  | 85         | II Internal Examination   |
|    |                  | 86         | Discussion  |
|    | 30-05-2022       | 87         | Discussion  |
| 17 |                  | 88         | Discussion  |
|    | 04-06-2022       | 89         | Discussion  |
|    |                  | 90         | Discussion  |
|    |                  |            |   |

| Subject Code:         | MSW1C03                  |
|-----------------------|--------------------------|
| Subject Name:         | DEVELOPMENTAL PSYCHOLOGY |
| No. of Credits:       | 3                        |
| No. of Contact Hours: | 90                       |
| Hours per Week:       | 5                        |
| Name of the Teacher:  | Mrs. Ayana Swaminathan   |

#### DEVELOPMENTAL PSYCHOLOGY

#### Module: 1

Nature of human development: Meaning, Principles and Goal of human development and developmental Changes. Stages of life span, Developmental Tasks. Influence of Heredity and Environment in Human Development. Genetic Counselling, Genetic Engineering, Genetic Testing.

#### Module: 2

Prenatal Development and Birth: Characteristics of prenatal period – How life begins,

Maturation, Ovulation, Fertilization, Importance of conception, Heredity endowment, Sex, Periods of prenatal development, Hazards of pre-natal development, Kinds of Birth, Birth Complications, Effects of premature birth.

#### Module : 3

Infancy, Babyhood, Early and Late Childhood, Puberty and adolescents: Emotional, moral socialand personality development. Hazards of different stages of life span.

#### Module: 4

Adulthood, Middle age, Old age - Vocational, marital and social adjustments

#### Module:5

Psychological Processes of Human Behaviour in growth and development : Needs, Drives and Motives, Emotions, Perception, Intelligence, Learning and motivation. Social and cognitive aspects of Human Behaviour in growth and development: Social perception, attitudes, prejudices, biases, stereotyping, Propaganda, rumours and the social affects.

#### Theoretical perspectives in growth and development

- Perspective 1 : Psychoanalysis Perspective 2 : Learning Perspective 3 : Cognitive Perspective 4 : Evolutionary/ Socio biological
- Perspective 5 : Contextual

#### **REFERENCES:**

Hurlock Elizabeth, Developmental Psychology – A life span approach. . Diane E. Papalia ,Sally Wendkos Olds and Ruth Duskin Felman : Human Development,Tata McGraw- Hill Edition-2004

Laura E. Berk : Development Through the Lifespan, Dorling Kindersely (India) Pvt. Ltd, Licensees of Pearson Education in South Asia 2007

| No of<br>Weeks | Dates                          | Session    | Торіс  |
|----------------|--------------------------------|------------|--|
|                | 07-02-2022                     | 1          | Syllabus introduction                          |
|                |                                | 2          | Introduction to developmental psychology       |
| 1              | то 02 2022                     | 3          | Nature of human development                    |
| 1              | 12-02-2022                     | 4          | Meaning of human development                   |
|                | 12-02-2022                     | 5          | Principles of human development                |
|                |                                | 12-02-2022 | Second Saturday                                |
|                |                                | 6          | Developmental Changes.                         |
|                | 14.00.0000                     | 7          | Stages of life span                            |
|                | 14-02-2022                     | 8          | Developmental Tasks                            |
| 2              | То                             |            | College Arts Fest                              |
|                | 19-02-2022                     |            | College Arts Fest                              |
|                |                                | 9          | Influence of Heredity and Environment in Human |
|                |                                | 10         | Development.                                   |
|                |                                | 10         | Genetic Counseling,                            |
|                | 21-02-2022                     | 11         | GeneticTesting.<br>Revision                    |
| 3              | To<br>26-02-2022               | 12         | Revision                                       |
|                |                                | 13         | Class test                                     |
|                |                                | 15         | Prenatal Development and Birth                 |
|                |                                | 15         | How life begins                                |
|                | 28-02-2022<br>To<br>05-03-2022 | 01-03-2022 | Shivarathri                                    |
|                |                                | 17         | Maturation of the gametes                      |
| 4              |                                | 18         | Ovulation                                      |
|                |                                | 19         | Fertilization                                  |
|                |                                | 20         | Importance of conception                       |
|                |                                | 21         | Sexual development                             |
|                | 07.02.2022                     | 22         | Periods of prenatal development                |
| _              | 07-03-2022                     | 23         | Hazards of pre-natal development 1             |
| 5              | То                             | 24         | Hazards of pre-natal development 2             |
|                | 12-03-2022                     | 25         | Hazards of pre-natal development 3             |
|                |                                | 12-03-2022 | Second Saturday                                |
|                |                                | 26         | Birth Complications                            |
|                | 14-03-2022                     | 27         | Effects of premature birth                     |
| 6              | To                             | 28         | Revision                                       |
| U              | 19-03-2022                     | 29         | Class test                                     |
|                | 19-03-2022                     | 30         | Module : 3                                     |
|                |                                |            | Introduction                                   |

|    |                  | 31         | Infancy  |
|----|------------------|------------|--|
|    |                  | 32         | Babyhood   |
| 7  |                  | 33         | Early childhood  |
|    | 21-03-2022<br>To | 34         | Late Childhood<br>Puberty                                |
| /  | 26-03-2022       | 35         | Secondary sexual characteristics                         |
|    | 20-03-2022       | 36         | Adolescents  |
|    |                  | 37         | Emotional development in adolescence                     |
|    |                  |            | Moral development in adolescence                         |
|    |                  | 38         | . Social development in adolescence                      |
|    | 28-03-2022       | 39         | Personality development in adolescence                   |
| 8  | То               | 40         | Hazards of different stages of life span                 |
|    | 02-04-2022       | 41         | Module 4 Introduction                                    |
|    |                  | 42         | Early Adulthood 1  |
|    |                  | 43         | Early Adulthood 2  |
|    |                  | 44         | Middle age 1   |
|    |                  |            | Middle age 2   |
|    | 04-04-2022       | 45         | Old age 1  |
| 9  | То               | 46         | Old age 2  |
| -  | 09-04-2022       | 47         | Vocational adjustments in Early Adulthood                |
|    | 09-04-2022       | 48         | Vocational adjustments in middle Adulthood               |
|    |                  | 49         | Marital adjustments in middle Adulthood                  |
|    |                  | 50         | Social adjustments in middle Adulthood                   |
|    |                  | 51         | Vocational adjustments in late Adulthood                 |
|    | 11-04-2022       | 13-04-2022 | Marital adjustments in late Adulthood<br>Easter Holidays |
| 10 | To<br>16-04-2022 | 14-04-2022 | Easter Holidays  |
|    |                  | 14-04-2022 | Easter Holidays  |
|    |                  | 16-04-2022 | Easter Holidays  |
|    |                  | 18-04-2022 | Easter Holidays  |
|    |                  | 52         | I Internal Examination                                   |
|    | 18-04-2022       | 53         | I Internal Examination                                   |
| 11 | То               | 53         | I Internal Examination                                   |
|    | 23-04-2022       | 55         | I Internal Examination                                   |
|    |                  | 56         | I Internal Examination                                   |
|    |                  | 57         | Revision   |
|    |                  | 58         | Class test   |
|    |                  | 59         | Module:5 Introduction                                    |
| 12 | 25-04-2022       |            | Psychological Processes of Human Behaviour in growth     |
|    | То               | 60         | and development  |
|    | 30-04-2022       | 61         | Needs & Drives   |
|    |                  | 62         | Motives  |
|    |                  | 63         | Emotions   |
| 10 |                  | 02-05-2022 | RAMZAN   |
| 13 | 02-05-2022       | 64         | Perception   |
|    |                  |            | L L  |

|    | То         | 65              | Intelligence.  |
|----|------------|-----------------|--|
|    | 07-05-2022 | 66              | Learning   |
|    |            | 67              | Motivation.  |
|    |            | 68              | Cognitive aspects of Human Behaviour in growth and development |
|    |            | 69              | Social perception  |
|    | 09-05-2022 | 70              | Attitudes  |
| 14 | To         | 71              | Prejudices   |
| 14 | 14-05-2022 | 72              | Propaganda,  |
|    | 14-03-2022 | 73              | Biases   |
|    |            | 14-05-2022      | Second Saturday  |
|    |            | 74              | Stereotyping   |
|    |            | 75              | Social affects   |
|    | 16-05-2022 | 76              | Revision   |
| 15 | То         | 77              | Revision   |
|    | 21-05-2022 | 78              | Perspective 1 : Psychoanalysis                                 |
|    |            | 79              | Perspective 1 : Psychoanalysis                                 |
|    |            | 80              | II Internal Examination  |
|    | 23-05-2022 | 81              | II Internal Examination  |
| 16 | To         | 82              | II Internal Examination  |
| 10 | 28-05-2022 | 83              | II Internal Examination  |
|    | 28-03-2022 | 84              | II Internal Examination  |
|    |            | 85              | II Internal Examination  |
|    |            | 86              | Perspective 2 : Learning                                       |
|    | 20.05.2022 | 87              | Perspective 2 : Learning                                       |
| 1= | 30-05-2022 |                 | Perspective 3 : Cognitive                                      |
| 17 | То         | 88              | Discussion   |
|    | 04-06-2022 | <u>89</u><br>90 | Discussion<br>Discussion                                       |
|    |            | 90              | Discussion   |
|    |            |                 |  |

| Subject Code:         | MSW1C04                            |
|-----------------------|------------------------------------|
| Subject Name:         | WORK WITH INDIVIDUALS AND FAMILIES |
| No. of Credits:       | 3                                  |
| No. of Contact Hours: | 90                                 |
| Hours per Week:       | 5                                  |
| Name of the Teacher:  | Ms. Aneesha Siby                   |

#### SEMESTER-1 MSW1C04 - WORK WITH INDIVIDUALS AND FAMILIES

**Module-** I Social Casework as a Method of Social Work: Concept, Meaning and Definitions. History and Development of Social Casework in U.K. U.S.A and India. The Scope of Casework in Practice: Working with individuals and families in primary and secondary settings, Social casework & Counseling –similarities and differences, Limitations of the method, Case work practice in Indian Context

**Module-II** Models of Casework Practice: Social diagnostic (Richmond), Supportive and modificatory (Hamilton), Crisis intervention (Lydia Rappaport), Classified treatment method (Floence Hollies), Competence based appraoch (Elleen Grabrill) and Problem solving (Perlman), Components of casework (Perlman's model) : Person- client, significant others and collaterals, Problem- need, impaired social functioning, Place- agency, objectives, functions, policies and resources, Process- casework intervention.

Module- III Principles of Social Casework Practice:

- i. Begin where the client is.
- ii. Individualization
- iii. Purposeful expression of feelings
- iv. Controlled emotional involvement v.
- v. Acceptance
- vi. Non-judgmental attitude
- vii. Client self determination
- viii. Confidentiality

Module- IV Tools of Working with Individuals and Families

- i. Intake-record/sheet and the intake interview (client engagement)
- ii. Casework interview
- iii. Home visit- collateral contacts.
- iv. Recording and its types narrative, process, problem oriented record keeping
- v. Case worker –client relationship
- vi. Knowledge of resources (networking)
- vii. Communication verbal, non-verbal, eye contact, body language.
- viii. Case presentation as tool of professional development.

The process of intervention with client system and target system

- i. Study
- ii. Continuous assessment and analysis
- iii. Psycho-social diagnosis
- iv. Intervention
- v. Follow-up
- vi. Termination
- vii. Case presentation based on field work practice

 $\label{eq:module-V} \textbf{Module-V} \ \textbf{Essentials} \ of \ \textbf{Working} \ with \ \textbf{Individuals} \ and \ \textbf{Families}$ 

- i. Skills for working with individuals and families
- ii. Techniques for working with individuals and families
- iii. Qualities in the caseworker

| No of<br>Weeks | Dates                          | Session    | Торіс   |
|----------------|--------------------------------|------------|---|
|                |                                | 1          | Orientation   |
|                |                                | 2          | Introducing course  |
|                | 07-02-2022                     | 3          | Module- I Social Casework as a Method of Social Work<br>Concept and meaning                                 |
| 1              | To<br>12-02-2022               | 4          | Characteristics of Social Case Work<br>Objectives   |
|                |                                | 5          | Definitions<br>History and Development of Social Casework in U.K  |
|                |                                | 12-02-2022 | Second Saturday   |
|                |                                | 6          | History and Development of Social Casework in U. S. A   |
|                |                                | 7          | History and Development of Social Casework in India   |
| 2              | 14-02-2022<br>To<br>19-02-2022 | 8          | Scope of Casework in Practice<br>Working with individuals and families in primary and<br>secondary settings |
|                |                                |            | College Arts Fest   |
|                |                                |            | College Arts Fest   |
|                |                                | 9          | Social casework & Counseling –similarities and differences  |
|                |                                | 10         | Limitations of the method<br>Case work practice in Indian Context   |
|                | 21-02-2022<br>To<br>26-02-2022 | 11         | Question paper discussion   |
| 3              |                                | 12         | Test paper- Definitions and history of social casework(Unit 1)  |
| 5              |                                | 13         | Module-II Models of Casework Practice<br>Social diagnostic (Richmond)                                       |
|                |                                | 14         | Supportive and modificatory (Hamilton)  |
|                |                                | 15         | Crisis intervention (Lydia Rappaport)<br>Classified treatment method (Floence Hollies)                      |
|                | 28-02-2022                     | 16         | Competence based appraoch ( Elleen Grabrill)  |
| 4              |                                | 01-03-2022 | Shivarathri   |
|                | То                             | 17         | Problem solving (Perlman)   |

|   | 05-03-2022                     |            | Module- III Principles of Social Casework Practice:   |
|---|--------------------------------|------------|---|
|   | 05-05-2022                     | 18         | i. Begin where the client is.   |
|   |                                |            | ii. Individualization   |
|   |                                |            | iii. Purposeful expression of feelings  |
|   |                                | 19         | iv. Controlled emotional involvement  |
|   |                                |            | v. Acceptance   |
|   |                                |            | vi. Non-judgmental attitude   |
|   |                                | 20         | vii. Client self determination  |
|   |                                |            | viii. Confidentiality   |
|   |                                | 21         | Discussion- current issues  |
|   |                                | 22         | Test paper- Module 2  |
| 5 | 07-03-2022<br>To<br>12-03-2022 | 23         | Module- IV Tools of Working with Individuals and<br>Families<br>Intake-record/sheet and the intake interview (client<br>engagement) |
|   | 12-03-2022                     | 24         | Casework interview  |
|   |                                | 25         | Home visit- collateral contacts.  |
|   |                                | 12-03-2022 | Second Saturday   |
|   |                                | 26         | Recording and its types – narrative, process, problem oriented record keeping   |
|   | 14-03-2022<br>To<br>19-03-2022 | 27         | Case worker –client relationship  |
|   |                                | 28         | Knowledge of resources (networking)   |
| 6 |                                | 29         | Communication - verbal, non-verbal, eye contact, body language.   |
|   |                                | 30         | Case presentation as tool of professional development.  |
|   |                                | 31         | Individual presentation   |
|   |                                | 32         | Individual presentation   |
|   | 21-03-2022<br>To               | 33         | Individual presentation   |
| - |                                | 34         | Individual presentation   |
| 7 | То                             | 35         | Individual presentation   |
|   | 26-03-2022                     | 36         | Individual presentation   |
|   |                                | 37         | Individual presentation   |
|   |                                | 38         | Individual presentation   |
| 8 | 28-03-2022                     | 39         | The process of intervention with client system and target<br>system<br>Study<br>Continuous assessment and analysis                  |
| 0 | To                             | 40         | Psycho-social diagnosis   |
|   | 02-04-2022                     | 41         | Intervention  |
|   |                                | 42         | Follow-up   |
|   |                                | 43         | Termination   |
|   |                                | 44         | Individual presentation   |
| 9 | 04-04-2022                     | 45         | Case presentation based on field work practice  |
| 9 | То                             | 46         | Question paper discussion   |
|   |                                | .0         | Question puper discussion   |

|    | 09-04-2022       |            | Module- V Essentials of Working with Individuals and |
|----|------------------|------------|--|
|    | 07-04-2022       | 47         | Families   |
|    |                  |            | Skills for working with individuals and families     |
|    |                  | 48         | Skills for working with individuals and families     |
|    |                  | 49         | Skills for working with individuals and families     |
|    |                  | 50         | Techniques for working with individuals and families |
|    | 11-04-2022       | 51         | Techniques for working with individuals and families |
| 10 | То               | 13-04-2022 | Easter Holidays                                      |
| 10 |                  | 14-04-2022 | Easter Holidays                                      |
|    | 16-04-2022       | 15-04-2022 | Easter Holidays                                      |
|    |                  | 16-04-2022 | Easter Holidays                                      |
|    |                  | 18-04-2022 | Easter Holidays                                      |
|    | 18-04-2022       | 52         | I Internal Examination                               |
| 11 |                  | 53         | I Internal Examination                               |
| 11 | То               | 54         | I Internal Examination                               |
|    | 23-04-2022       | 55         | I Internal Examination                               |
|    |                  | 56         | I Internal Examination                               |
|    |                  | 57         | Techniques for working with individuals and families |
|    |                  | 58         | Techniques for working with individuals and families |
|    | 25-04-2022       | 59         | Qualities in the caseworker                          |
| 12 | To<br>30-04-2022 | 60         | Qualities in the caseworker                          |
|    |                  | 61         | Techniques for working with individuals and families |
|    |                  | 62         | Qualities in the caseworker                          |
|    |                  | 63         | Qualities in the caseworker                          |
|    |                  | 02-05-2022 | RAMZAN   |
|    |                  | 64         | Question paper discussion                            |
|    | 02-05-2022       | 65         | Group activity                                       |
| 13 | То               | 66         | Group activity                                       |
|    | 07-05-2022       | 67         | Test paper- qualities                                |
|    |                  | 68         | Note making  |
|    |                  | 69         | Note making  |
|    |                  | 70         | Quiz   |
|    | 09-05-2022       | 71         | Social work settings- discussion                     |
| 14 | То               | 72         | Job oriented social work- discussion                 |
|    | 14-05-2022       | 73         | Importance of field work                             |
|    |                  | 14-05-2022 | Second Saturday                                      |
|    |                  | 74         | Revision   |
|    |                  | 75         | Revision   |
|    | 16-05-2022       | 76         | Revision   |
| 15 | То               | 70         | Revision   |
|    | 21-05-2022       | 78         | Revision   |
|    |                  | 78         | Revision   |
| 16 | 23-05-2022       | 80         | II Internal Examination                              |
| 10 | 25-05-2022       | 00         |  |

|    | То                             | 81 | II Internal Examination |
|----|--------------------------------|----|-------------------------|
|    | 28-05-2022                     | 82 | II Internal Examination |
|    |                                | 83 | II Internal Examination |
|    |                                | 84 | II Internal Examination |
|    |                                | 85 | II Internal Examination |
|    |                                | 86 | Question bank solving   |
|    | 30-05-2022<br>To<br>04-06-2022 | 87 | Question bank solving   |
| 17 |                                | 88 | Question bank solving   |
| 1/ |                                | 89 | Question bank solving   |
|    |                                | 90 | Question bank solving   |
|    |                                |    |                         |

| Subject Code:         | MSW1E01                               |
|-----------------------|---------------------------------------|
| Subject Name:         | COMMUNICATION AND FIELD WORK PRACTICE |
| No. of Credits:       | 4                                     |
| No. of Contact Hours: | 90                                    |
| Hours per Week:       | 5                                     |
| Name of the Teacher:  | Mrs. Aiswarya Thomas                  |

#### **MSW1E01 - COMMUNICATION AND FIELD WORK PRACTICE**

#### Module-1

Definition, concept, meaning, objectives, characteristics and functions of communication.

Communication process, various models of communication, Barriers in communication, and removal of communication barriers.

Relationship of Media and Development. Concept, meaning and importance of Development communication.

#### Module-2

Organizational Communication: Meaning and importance, types of organizational

Communication. Concept and various types of Mass media.

Role of Mass media: audio, visual, print media in developing societies. Role of alternative media and its importance.

#### Module-3

Folk Media, Advocacy and Networking. Concept and meaning of folk Media. Various folk

Medias and its role in development. Advocacy and Networking: Concept of advocacy as a tool;

Strategy for advocacy; Elements of Advocacy, People-centered Advocacy, Bureaucracy and Advocacy, Media and Advocacy.

Meaning and importance of Networking campaigning; lobbying; Use of media and public opinion building in advocacy; and Coalition and Network building; linking up protestmovements with development work. Advocacy in Indian context.

#### Module-4

Rethinking Communication: Communication as transmission, Communication as Representation, Communication as cultural reproduction. Gender and media. Concept of gender. Impact of the media on women, and children. Right to information Act. Its importance and process.

#### Module-5

Field Work Practice: Meaning and importance of Field Work Training in social work. Orientation, training and field work supervision in Social Work Education. Programs in Field work Training–Study Tour, Rural Social Work, Summer Training and Field Work Evaluation.

| No of<br>Weeks | Dates                          | Session    | Торіс   |
|----------------|--------------------------------|------------|---|
|                |                                | 1          | Subject orientation   |
|                | 07.02.2022                     | 2          | Unit 1 - Concept, meaning, of communication.                            |
| 1              | 07-02-2022<br>To               | 3          | Definition, objectives, characteristics and functions of communication. |
|                | 12-02-2022                     | 4          | Functions and elements of communication.                                |
|                |                                | 5          | Communication process   |
|                |                                | 12-02-2022 | Second Saturday   |
|                |                                | 6          | Barriers in communication - introduction                                |
|                | 14-02-2022                     | 7          | Types of barriers - discussion  |
| 2              | To                             | 8          | Physical and psychological barriers of communication                    |
| 2              | 19-02-2022                     |            | College Arts Fest   |
|                | 19-02-2022                     |            | College Arts Fest   |
|                |                                | 9          | Physical and psychological barriers of communication                    |
|                |                                | 10         | Linguistic and cultural barriers of communication                       |
|                | 21-02-2022                     | 11         | Removal of communication barriers                                       |
| 3              | To                             | 12         | Relationship of Media and Development – discussion                      |
| 5              |                                | 13         | Various models of communication – introduction                          |
|                | 26-02-2022                     | 14         | Aristotle Model of Communication  |
|                |                                | 15         | Harold Laswell Model of Communication                                   |
|                | 28-02-2022<br>To<br>05-03-2022 | 16         | David Berlo Model of Communication                                      |
|                |                                | 01-03-2022 | Shivarathri   |
| 4              |                                | 17         | Shannon and Weaver Model of communication                               |
| -              |                                | 18         | Schramm's Model of communication  |
|                |                                | 19         | Concept, meaning of Development communication.                          |
|                |                                | 20         | Importance of Development communication.                                |
|                |                                | 21         | Key Issues about Development Communication                              |
|                | 07-03-2022<br>To<br>12-03-2022 | 22         | Development paradigms - introduction                                    |
| 5              |                                | 23         | Modernization paradigm of development communication                     |
| 5              |                                | 24         | Dependency paradigm of development communication                        |
|                |                                | 25         | Participatory paradigmof development communication                      |
|                |                                | 12-03-2022 | Second Saturday   |
|                |                                | 26         | Approaches to Development Communication –<br>introduction               |
|                | 14-03-2022                     | 27         | Diffusion of Innovation approach  |
| 6              | То                             | 28         | Mass media approach   |
| U              | 19-03-2022                     | 29         | Institutional approach  |
|                | 17-03-2022                     | 30         | The integrated approach   |
|                |                                | 31         | Localized approach to development communication                         |
|                | 21-03-2022                     | 32         | Planned Strategy for Development Communication                          |
| 7              | 21-03-2022<br>То               | 33         | Strategies of Development communication -<br>introduction               |

|    | 26-03-2022       | 34         | Social marketing and Media Advocacy                       |
|----|------------------|------------|---|
|    | 20-05-2022       | 35         | Health promotion/health education                         |
|    |                  | 36         | Social mobilization and Entertainment – education         |
|    |                  | 37         | Class test 1  |
|    |                  | 38         | Unit - 2 Organizational Communication -introduction       |
|    |                  | 39         | Types of communication                                    |
|    | 28-03-2022       |            | Meaning and importance of Organizational                  |
| 8  | То               | 40         | Communication   |
|    | 02-04-2022       | 41         | Types of organizational communication - discussion        |
|    |                  | 42         | Formal and informal communication                         |
|    |                  | 43         | Directional communication                                 |
|    |                  | 44         | Internal and external communication                       |
|    |                  | 45         | Concept of Mass media                                     |
|    | 04-04-2022       | 46         | Various types of Mass media                               |
| 9  | То               | 47         | Role of Mass media: audio, visual, print media in         |
|    | 09-04-2022       |            | developing societies - discussion                         |
|    |                  | 48         | alternative media – introduction and types                |
|    |                  | 49         | Role of alternative media and its importance - discussion |
|    |                  | 50         | Right to information act                                  |
|    | 11-04-2022       | 51         | Discussion  |
| 10 | To<br>16-04-2022 | 13-04-2022 | Easter Holidays   |
| 10 |                  | 14-04-2022 | Easter Holidays   |
|    |                  | 15-04-2022 | Easter Holidays   |
|    |                  | 16-04-2022 | Easter Holidays   |
|    |                  | 18-04-2022 | Easter Holidays   |
|    | 18-04-2022       | 52         | I Internal Examination                                    |
| 11 | То               | 53         | I Internal Examination                                    |
|    | 23-04-2022       | 54         | I Internal Examination                                    |
|    |                  | 55         | I Internal Examination                                    |
|    |                  | 56         | I Internal Examination                                    |
|    |                  | 57         | Class test 2  |
|    |                  | 58         | Unit 3 – advocacy introduction                            |
|    | 25-04-2022       | 59         | Elements and purposes of advocacy                         |
| 12 | То               | 60         | Strategies of advocacy                                    |
|    | 30-04-2022       | 61         | Media advocacy  |
|    |                  | 62         | Bureaucracy and Advocacy                                  |
|    |                  | 63         | Meaning and importance of Networking                      |
|    |                  | 02-05-2022 | RAMZAN  |
|    | 02-05-2022       | 64         | Meaning and importance of campaigning                     |
| 13 | 02 05 2022<br>То | 65         | Meaning and importance of lobbying                        |
| 15 |                  | 66         | Discussion  |
|    | 07-05-2022       | 67         | Coalition and Network building                            |
|    |                  | 68         | Advocacy in Indian context – discussion                   |
| 14 | 09-05-2022       | 69         | Unit - 4 Rethinking Communication: introduction           |

|    | То               | 70         | Communication as transmission                    |
|----|------------------|------------|--|
|    | 14-05-2022       | 71         | Communication as representation                  |
|    |                  | 72         | Communication as cultural reproduction           |
|    |                  | 73         | Concept of gender                                |
|    |                  | 14-05-2022 | Second Saturday                                  |
|    |                  | 74         | Gender and media                                 |
|    |                  | 75         | Impact of the media on women, and children       |
|    | 16-05-2022       | 76         | Discussion                                       |
| 15 | То               | 77         | Unit - 5 Field Work Practice: introduction       |
|    | 21-05-2022       | 78         | Meaning and importance of Field Work Training in |
|    |                  |            | social work.                                     |
|    |                  | 79         | Orientation training                             |
|    |                  | 80         | II Internal Examination                          |
|    | 23-05-2022<br>To | 81         | II Internal Examination                          |
| 16 |                  | 82         | II Internal Examination                          |
|    | 28-05-2022       | 83         | II Internal Examination                          |
|    | 28-03-2022       | 84         | II Internal Examination                          |
|    |                  | 85         | II Internal Examination                          |
|    |                  | 86         | Study tour – importance and objectives           |
|    | 30-05-2022       | 87         | Field work supervision – concept and importance  |
| 17 | То               | 88         | Rural social work camp – theory and practice     |
| 1/ |                  | 89         | Fieldwork evaluation                             |
|    | 04-06-2022       | 90         | Summer Training – relevance and concept          |
|    |                  |            |  |