# DON BOSCO ARTS AND SCIENCE COLLEGE ANGADIKADAVU



# NSS UNIT 47 & 72 ANNUAL REPORT 2018- 2019



**1** NSS ANNUAL REPORT

#### List of activities

Snehaveedu (Home For Homeless )	NSS Don Bosco Arts and Science college Angadikadavu.
Mothers Day Celebration	NSS Don Bosco Arts and Science college Angadikadavu.
Women's Day Celebration	NSS Don Bosco Arts and Science college Angadikadavu.
Youth Day Celebrations	NSS Don Bosco Arts and Science college Angadikadavu.
Republic Day Celebrations	NSS Don Bosco Arts and Science college Angadikadavu.
Sent off For NSS Volunteers' (2016-2017)	NSS Don Bosco Arts and Science college Angadikadavu.
Palliative Care Day Program - Sneha Sangamam	NSS Don Bosco Arts and Science college Angadikadavu. Mini club mattannur, Palliative care kannur,
Rally - World Palliative Care Day	NSS Don Bosco Arts and Science college Angadikadavu. Mini club mattannur, Palliative care kannur,
NSS Day Celebration	NSS Don Bosco Arts and Science college Angadikadavu.
Campus Beautifications	NSS Don Bosco Arts and Science college Angadikadavu.
Peace Day Celebration	NSS Don Bosco Arts and Science college Angadikadavu.
Yoga Day Observation	NSS Don Bosco Arts and Science college Angadikadavu.
Antidrug Campaign	NSS Don Bosco Arts and Science college Angadikadavu.
Vidhya - Tution For Tribal Colony Eenthumkari	NSS Don Bosco Arts and Science college Angadikadavu.
Samanwaya Two Day Residential Camp	NSS Don Bosco Arts and Science college Angadikadavu.
Puzha Samrakshana Yajnam (River Side Protection	Thalir mukatty,
Blood Donation Camp	LDK Kannur, Kannur district hospital
Seminar Presentations About Life Of Helen Keller	NSS Don Bosco Arts and Science college Angadikadavu.
Literature Camp	students union Kannur university,
Independence Day Celebration	NSS Don Bosco Arts and Science college Angadikadavu.



Sanjeevanam Palliative Care Koottayma	palliative care Kannur, PHC
	Angadikadavu
Teachers Day Celebration For New Year Volunteers	NSS Don Bosco Arts and Science college Angadikadavu.
Poster Making About World Population Day	NSS Don Bosco Arts and Science college Angadikadavu.
Children's Day Observation	NSS Don Bosco Arts and Science college Angadikadavu.
Elocution - World Human Rights Day	NSS Don Bosco Arts and Science college Angadikadavu.
AIDS Day Observation	NSS Don Bosco Arts and Science college Angadikadavu.
World Food Day	NSS Don Bosco Arts and Science college Angadikadavu.
World Students Day	NSS Don Bosco Arts and Science college Angadikadavu.
Snehabhavan Visit	NSS Don Bosco Arts and Science college Angadikadavu.
Road Construction Work	excise department ,NSS Don Bosco Arts and Science college Angadikada
NIC Camp attended (1 Volunteer)	
State level adventure camp.	





# **SNEHAVEEDU**

During 2018-19, Our NSS team worked under the vision project of Snehaveedu. This time we noticed the difficulties of Mrs.Shylaja a cook in our college hostel. She worked in the hostel for low wages and she had to look of her 4 members in her family. Her daughter underwent a heart surgery and her parents were old and weak. The



students of our college noticed her poor status informed the NSS volunteers around 5 lakhs was collected and constructed a house within 4 months.

## SNEHAVEEDU FOUNDATION WORKES

On 04/05/2018 around 14 volunteers had arrived the site along with the Programme officer Nithin Kuttan P.K. Students themselves had done the foundation works for the snehaveedu. A thought that they are contributing their efforts for the building of a shelter for a homeless family, all the volunteers worked hard. They had no complaints about the work. They all gave their maximum. At the beginning a sense of belonging had governed all of us. Rather than having a thought that it is for another family, all of us felt that it is for us and it is our family.





# SNEHAVEEDU CONCRETE

On 26/05/2018 around 25 volunteers and the hired workers arrived the site by 8'O clock. Volunteers very enthusiastic and happy to take part in such a good mission, rather it was their project and was for their family member, because by the time Shylaja chechi has become like their own sister. All the volunteers had worked very hard. They gave their complete effort for the whole day's works. Not only for boys but also girls irrespective of their limitations worked with boys. Volunteers carried cement and grovel which was kept 50m away from the house. By 6:30 all the concrete works were completed and volunteers told that it was a wonderful experience for them.



# **SNEHAVEEDU PAINTING**



Our dream project "Snehaveed" has reached its final stage .On 22<sup>nd</sup> March 2019 as a part of the finishing work NSS volunteers painted the Snehaveed by

themselves .Around 10 volunteers took initiative to paint the house along with the painter Raphel. He had given his full support and a day's work without demanding any remuneration .He was very happy to be a part of our second Snehaveedu. All the volunteers had really worked hard to complete the new house.



#### SNEHAVEEDU CLEANING

On 27<sup>th</sup> March 2019 around 15 NSS volunteers along with NSS P.Os joined to clean the Snehaveedu before handing



over the keys to Mrs.Shylaja. All the Volunteers with required enthusiasm cleaned the house. Afterpainting, some paint was scattered on the floor and windows, it was removed, all other dirties was removed , and the floor was washed. We also cleaned the surroundings and helped to shift their home appliances from their old house.

# PRESENTATION OF KEY

Snehaveedu-Home for the homeless is one of the most prestigious activities of NSS. On 30<sup>th</sup> March 2019 The key of NSS Don Bosco's second



Snehaveedu was handed over to Mrs. Shylaja residing near Keezhpally.The ceremony was blessed with the presence of many dignitaries .Fr.Basanas, Administrator of Salesians of Don Bosco our chief guest who came from Rome. Other than him,we had the presence of Padmanabhan Kavumbayi, NSS programme officers and MC Raju, syndicate member.All the volunteers were happy that their effort of a year was getting fruitful and was handing over the house to Mrs. Shylaja . While thanking NSS and all others she was emotional. First year and second year volunteers had presented several gifts to her. Later Volunteers had visited the house and took part in housewarming function.



## WORLD ENVIRONMENT DAY

On June 5<sup>th</sup> as a part of environment day 20 plants were planted. With the assistance of Ayyankunnu Panchayat, saplings were planted from



Anapanthy to college alongside the road. Moreover seedlings were planted around the college and Environment Day quotes were presented in college notice board, showing the importance of planting trees and protecting them. Teachers were also given a sapling to plant around their house.

### VIDHYA ORIENTATION PROGRAMME

On 30-05-2018 it is a programme by NSS unit to up lift the tribal's. Eenthumkary is a colony situated near Angadikadav. Majority of the villagers are tribals. They don't know the value of life. Due to lack of education, their standard of living and career is poor. So that we constitute a project for tribes to literate them through education. So we adopt that colony to increase their standard of living and career.









#### PUZHA SAMRAKSHANA YANJAM RIVER PROTECTION PROGRAM

On 13-06-2018 as a part of "Go Green-Save Water-Save Earth" campaign, NSS units of Don Bosco College Angadikadav and Thalimukkutty Environment Protection Group took initiatives to plant bushes along the banks of



Thanthode River to protect both Thanthode ground and the river. The programme was whole heartily welcomed by people of that locality and had supported. Students and Thalirmukkutty Club members also cleaned the area including the river. The programme was initiated in order to fight against the loose of our earth and water. By planting bushes we aimed to protect both soil and water. As we are witnessing, day by day the water bodies from getting dry and even God's own Country is facing drought across the state. We are having a small initial step to stop that evilness. By this act NSS volunteers became a role model to the younger generation.

# YOGA DAY OBSERATION

On 21/06/2018 yoga day is dedicated to inner and outer well being of human body. People across the world practice yoga in groups. Likewise NSS also observed yoga day and Albin Philip, NSS volunteer coordinated the programme. He had performed several items in front of the volunteers and staffs. The programme aims to raise awareness among the volunteers of the many benefits of practicing yoga. We observed yoga as a physical, mental and spiritual practice. Our Physical Education coordinator and PO Nithin Kuttan P.K explained the importance of yoga for the physical and mental well being and how it could help us to stay healthy in our life.



# POSTER MAKING WORLD POPULATION DAY



On 11/07/2018 –world population day was observed by the NSS. Students had a common meeting, the day before had come out with several ideas to raise awareness of global population

issues. Inorder to convey the urgency and importance of population issues, the volunteers had decided to make posters, making all the students and staffs aware of the issues regarding population. Several posters were made describing the need to spread awareness about the problems arising due to the growing population world over. Population is a growing concern in today's time. It is a leading cause for various other problems. Hence NSS found it is important to make all the youth aware of the problems it can cause. All the posters were displayed on the different notice boards in the college.

#### SEMINAR PRESENTATION LIFE OF HELEN KELLER

#### "The best and most beautiful things in the world can't be seen or even touched – they must be felt with the heart"

On 06-08-2018 a seminar was organized to make the volunteers realize the value and depth of the above quoted words made by Helen Keller. Two volunteers Dona Mariya K. Jesty and Rasha had presented seminars on the life and social life of Helen Keller

presented seminars on the life and respectively. The programme was organized by Don Bosco NSS units for blind association Kerala. Members of blind association Kerala had presented examples of many people who were blind yet became successful in life. The seminar had given lot of messages to our volunteers. They realized that our





difficulties and our limitations can become our strength and could attain the heights of success and the world of achievements. Students sold coupons and pens made by them and handed over the money to blind association members.

# LITERATURE CAMP

On 08-08-2018 Don Bosco Arts and Science college became the venue for the two day residential camp "Literature Workshop" organized by Kannur University. It was held in association with Don Bosco NSS units. All the arrangements for the food and accommodations were made by NSS. The inaugural function was on 08-08-2018. It was inaugurated by Rafeeque Ahammad. The presence and classes of dignitaries made the camp a special experience for the delegates. The special attention and care given by NSS volunteers made the delegates to feel like they are in a home away from home.



#### INDEPENDENCE DAY CELEBRATION

On 15-08-2018 Don Bosco NSS unit made the "patriotic celebration of our freedom" so special. On Independence Day morning 8:30 flag was hosted by Fr.Dr. Thomas K.O, Rector and Manager of Don Bosco institution of higher education. He also gave the day's message. The

central theme of his message was based upon the Role of Youth in National Integration and Development. Following him, Fr.Dr.Francis Karackat, programme officers Rajisha C.K, NithinKuttan P.K, volunteer secretaries also addressed the volunteers. After the flag hosting ceremony, NSS volunteers cleaned the campus.









September-05 was celebrated with its entire specialty by volunteers. Teachers, who consume themselves to light the way for others, were recognized and were honored with all love and respect. Volunteers had gathered in groups and met each other separately and were given gifts and sweets as a token of their love. Students had cleaned the staff room in place of the sweepers. All the teachers were happy about the volunteer's activity, love and concern for the teachers. In a common meeting held in the evening a student representative addressed teachers as the light of entire world.

# PEACE DAY

The program aims to strengthen the ideals of peace within and among all of us. The program encourage everyone to work together to strive for peace. It conveyed message that even small personal acts can make a big difference in bringing peace to the lives of those around us and even ourselves. The spoke person at the event reminded the volunteers about their role in peace building. They also commented

that it is to commit to peace above all differences and to contribute to building culture of peace. The program came to an end by remembering the quote of Eleanar Roosevelt-"It isn't enough to talk about peace. One must believe in it and it isn't enough to believe in it. One must work at it."







NSS was formally launched on 24<sup>th</sup> September, 1969 the birth centenary year of Mahathama Gandhi. Therefore, 24<sup>th</sup>septemberis celebrated every year as NSS day. 2018 September 24<sup>th</sup> was valiantly celebrated by Don Bsco NSS. All volunteers reached



college by 8:30 am and had cleaned the campus. Volunteers gave a day off for college cleaning staff and even cleaned toilets. Volunteers had finished all the works before morning assembly. At 3:00 in the evening NSS had an official meeting having our principal Fr.Dr.Francis Karackat as our chief guest. The meeting included teachers and non teaching staffs of our college and honored our three cleaning staffs, gave them gifts .The program came to an end by 5 o'clock.

# **ROAD WORK**



25-09-2018, in On association with the department, excise Iritty region our NSS volunteers had several maintains of Kalithattumpara road which remained useless. Volunteers along with the excise officers had cleared

the road and removed the unwanted stones and mud from the road and put stones in gutters and covered it with soil and made it useful. The people in the locality had appreciated our work and the excise officers too were very happy for our efforts. All the local people were



very supportive .the activity had helped the students to interact more with the public and was efficient in developing social commitment in volunteers.

### **CAMPUS BEAUTIFICATION**

"Clean campus - Beautiful Campus" is one among the major activities of NSS. NSS always take initiatives to beutify the campus. All the



volunteers along with the Pos worked together to beautify campus .Students got separated into different groups and cleaned different parts of the campus. Some had cleaned the lawn, some others the class rooms, verandah et... Within some hours we had completed the cleaning and removed unwanted old notice from the notice boards, removed waste from the baskets kept on various parts of the campus.

### **SELECTION WORKSHOP**

On 27-09-2018, as informed all the desired applicants of NSS had assembled in the auditorium by 9 o clock .Students were divided into several groups containing 20 students. Each group was given different areas to clean. Students followed each and every instruction and done their maximum



with almost interest. By 11 o clock the allotted areas were cleaned and they had assembled in the auditorium. Each was given different topics for discussion and was asked to perform anything of their idea. The task aimed to check the way students engage in groups and each individual's attitude toward s a task given to them. All had done very well within a limited time. At the end a boy and a girl from each group shared their experiences and an assignment was given about the views, their expectation and reason for joining NSS, the selection workshop came to an end.



# **SNEHABHAVAN VISIT**

On 02/10/2018, as a part of Gandhi Jayandhi celebration NSS volunteers had visited Snehabhavan a home for mentally retarded men at koottupuzha. By 10 o clock students arrived in koottupuzha and made a visit to the place. Students had cleansed the surroundings

of the building; the students cut the hair and shaved bread of the inhabitants. Later students served food for them and even fed some of them. Students performed various programs for them and they too performed programs of their interests. The inmate of the asylum was really



happy and was very close to all the volunteers. They danced for the songs that we played .Students had not any reluctance to mingle with them.



## **ANTI-DRUGS CAMPAIGN**



Anti-drugs project dream the is project Don of Bosco NSS. Anti campaign drug held at Kootupuzha aimed is to eradicated drugs from our locality -

especially from campus. As we are aware, today's youth is severely addicted to drugs. Drug addicted person become a burden to both their family and society .In order to avoid the dangers of drugs and save our youth from this evils , NSS took initiatives along with excise department lritty and coordinated antidrug campaign and human chain holding posters against drugs . The campaign was a great success even though the local people didn't cooperate at the initial stage; they too had extended their support by the end. Excise department officers were a great support for NSS and they had offered all their cooperation ahead in future.



#### CULTURAL EXCHANGE PROGRAMME

WORLD STUDENTS DAY

On 15-10-2018, World Students Day celebration of multiculturalism, diversity and co-operation among students. The day was observed and celebrated with quality and varied programmes by our NSS. Don Bosco NSS had four guests from Assam who are students of Don Bosco College, Galahad. Students displayed and celebrated their acts of social responsibility and gathered in the campus to showcase the causes they volunteer for, took part in culture exchange programmes. The cultural exchange programme was very helpful for the volunteers to meet a new different culture, varied art forms of students from another state. They had performed their art form , sang song in their language and we done the same for them. Students from Assam had shared their living conditions, difficulties and their ambitions etc to our volunteers. World student's day was celebrated with all due respect, honoring the legend APJ Abdul Kalam.

### WORLD FOOD DAY

On 16-10-2018, World Food day-the founding of the food and agriculture organization of the United Nations. The day is very important for NSS. Since in an organization of the youth, it is necessary to make them aware and concerned about food security including world food programme and the need



for agricultural development. NSS had a common meeting and put forward the idea of making vegetable garden with our own efforts. Students had presented their views and was very concerned about the wastage of food and the observed it as a crime.



## CHILDREN'S DAY

On 14-11-2018 NSS unit had celebrated Children's Day in our adopted village Enthumkari, with the children of that village. Volunteers had visited the village, cut cake and provided study material, dresses and other stationary items for the students. Don Bosco College principal Fr. Dr. Francis Karackat said that it was the best way to celebrate children's day. Since education can be the only remedy for the ignorance, NSS had taken all the initiatives to empower and educate the children of our adopted village.

### **MOTHER'S DAY**

Motherhood, material bond and the influence of mother in society was celebrated on 19<sup>th</sup> November.

### AIDS DAY OBSERVATION RALLY

NSS Units of Don Bosco Arts and Science College along with Angadikadavu PHC observed AIDS Day. Students gathered and they were provided with the knowledge regarding AIDS, it's cause, symptoms and consequences. We were all against the societies at of separating the AIDS patients. Students conducted a rally which began from the college to Angadikadavu town by wearing a red ribbon, which is the symbol of AIDS by carrying posters and pluck card, to make the public aware about AIDS. The officials from the PHC gave a message that was very helpful for us as an individual, as well as a social being.

# YOUTH DAY

On Youth day many programmes were conducted, as part of commemoration of Swami Vivekananda. Volunteers reached at the college campus early, and cleaned it before 9:30. As a part of the celebration posters were hung. Meeting was conducted for the NSS Volunteers in the evening. Programme Officers and two student representatives spoke about the role of youth in building the nation.



#### PALLIATIVE CARE PROGRAMME MATTANUR SNEHA SANGAMAM

Don Bosco NSS felt very happy to take part in the Sneha Sangamam, palliative Programme at Mattanur, as a part of Palliative week celebration. The programme was coordinated as a joint effort of Don Bosco NSS, Mattanur Mini sports club, Amma Pain and palliative centre. There we met a number of paraplegia people who survived their condition and is earning for their livelihood by leading their life on a wheelchair. We could also meet some young people who took care of these patients. We and those patients got mutual happiness by spending time with each other. Later these patients were taken to Mattanur international Airport along with their family. They were very happy because of this.

#### WORLD PALLIATIVE CARE DAY

Palliative Care is one the major among activities of NSS our NSS units. is more about concerned palliative works. Thus Palliative care day was



observed by conducting rally in Mattanur town. Students arrived at Mattanur mini sports and arts club. The day was observed by associating with the club. Don Bosco NSS Volunteers carried pluck cards, the rally started from the club and ended at Mattanur town.

# SAMANWAYA

#### TWO DAY RESIDENTIAL CAMP

The NSS units of Don Bosco arts and Science College conducted two day residential camp on 25<sup>th</sup> and 26<sup>th</sup> January 2019. The camp started with an inaugural function which was anchored by Jubilant K.J addressing the respected people on the stage consisting Dr. Fr. Francis Karackat, Rajisha miss, Nithin Sir and our senior, energetic volunteer secretary Joshua and Dona. The gathering was well addressed and guided. After the function we had a very dynamic and vibrant class conducted by Sir Syeed from Thaliparamba.He asked



us to perform different activities through which he explained moral points that one must insist in life. All the volunteers were equal participants in the class, there was no mere sitting and listening, it was all about creating and finding something which were hid inside us. He first asked to stand in a circle and then told to run in the same manner suddenly when he shouted the number we had to form a group pf members consisting of people with the same number which was really very interesting but later on some were left and a little later a group of few people were left as they couldn't fit in the the group .Then those people had to perform something which is being suggested by the group. Then to check our creativity he asked us to suddenly mould the group into a vehicle. Some groups changed to car, train, bus...etc., He first asked us to learn names of group members just after dividing us into different groups, most of the group carried this activity quite well. We had to then blow balloons and keep it in the air using our wit and later the activity was to save our balloons from other group and whoever was left with maximum balloons were claimed to be the winners. The duration was nearly two to three and half hours but it flew like minutes. The camp was reunited at nearly 5'o' clock. The programme officer explained us all about NSS. They organized into two different groups which were called units; they then conducted debate on the topic, religiousrituals. At first the participation wascalm, later our senior volunteers entered both the group to boost the team the energy they spread lit up the spirit of the debate and everybody countered. It then became both the team were strongly supporting to what they said. As itssaid hunger can stop you if nothing else can't, we had our supper. Later the group six wasasked to come up with a group song, dance, social messages. They made up all this within few minutes. The team was awarded as their performance deserved. We went to bed a little late nearly after 12. Next morning we were sent to groups to different localities, for the sale of Sanjeevanam pain and palliative care products [soap, soap powder etc.].People accepted us in different ways. Some gave good hospitality and some were not at all happy with us. The journey was really thrilling and was packed with a lot of experience. After reaching college the food was a warm welcome. We had a class conducted by Suresh BabuSir. He could find positivity in everything. He was able to clear every doubt that we had. We were assigned to make newspaper and also to prepare for cultural



programme, in between we had tea. Somehow the newspaper was done. Those newspapers were pinned in the notice board later. This time cultural programme was fully fun-filled and mostly every team concentrated to make the programme more humorous and energetic, every team had a motive to somehow have fun and wanted to make it memorable rather than standing first. Later every team explained

about the programmes that they were going organize.At to last. we were told how the NSS diary has to be prepared and what all things we are expected to do.



### **REPUBLIC DAY CELEBRATION**

Republic day was celebrated by NSS Volunteers. All volunteers arrived at the campus by 8:30 in the morning and Principal Dr.Fr. Francis Karackat hosted the National flag. Later manager Fr. Dr. Thomas K.O, vice principal, Fr. Shibu Davis and some other staff addressed the volunteers, made them aware of their Role in National Integration and Development of Nation. Student representatives spoke on current issues and ended the programme with a patriotic song.

# FAREWELL

The NSS first year Volunteers conducted farewell party for their senior NSS Volunteers. The function took place at the Am phi Theatre. The function was presided by Fr.Dr.Francis Principal Karackat. Majority of the staff members attended the



function. The function was arranged so well. Senior Volunteers shared their experiences on their volunteers hip and told that for them NSS is not a mere organization for them, but instead it was like a family.NSS P.O Rajisha C.K was honored during the programme by the senior volunteers as she was completing her third year as a P.O. The farewell party ended with tea and snacks.

#### **SNEHAVEEDU TILE PURCHASING**

On 01-03-2019 Volunteers along with the programme officer had purchased tiles from the shop and brought it to our snehaveedu site.We had received the help of students who are not NSS volunteers. Students had a day of hard work and effort in bringing tiles to



the site. Within a couple of days kitchen and a room was tiled and within a week every work was completed.



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# WOMEN'S DAY RALLY

On 8<sup>th</sup> March 2019 Women's day celebration was conducted at Mattanur town making the Women realize that they are not weak, and to make them aware about their rights and their valuable role in the society. Hence, Women empowerment is a vital thing in today's world, the rally and related programme made the volunteers more

strengthened. 50 girls had gone for the rally carrying posters about women's day. The rally ended up with a thought that women must be equally understood and equal opportunities must be given as they are human being, equal to every other section of the society. The rally ended in Mattanur town.



## BLOOD DONATION CAMPAIGN

On 12<sup>th</sup> July 2019 Blood Donation campaign was conducted with a highlighted quote that" Spare Only 15 minutes and save one life". It was conducted in association with life donor's Kerala and Kannur District hospital. All the willing students of Don Bosco Arts and

Science Collage ,Who were eligible were given chance to be a part of this great campaign .The campaign had also given facilities to check the blood group of those students who hasn't verified it so far. The campaign was a great success. It was inaugurated by Fr.Shibu



Davis-Vice principal, Don Bosco arts and science college, Angadikadavu,by donating his blood. Following him number of students and teachers donated blood and became one the thousands who wish for the safety of others' life.NSS volunteers were very enthusiastic to spend time and energy for such a great work. Both the units of our college had successfully coordinated the campaign.



#### SANJEEVANAM PALLIATIVE CARE KOOTAYMA

Sanjeevanam palliative care is a project by NSS to serve the society. National service scheme is an organization of youth aiming the personality development of the volunteers through social service .Pain

palliative and care focuses on giving special care to aged people and to the people who are affected with chronic diseases as well. There a PHC, which is is located in Angadikadavu, they have a palliative centre .We collaborate with them to help and



visit patients those who are suffering from chronic diseases. Under Sanjeevanam palliative care Kootayma we have two sub programmes.

1. Homecare; Visit patients at their own home. It is known as the backbone of palliative care project. It helps to know about patient's family background and atmosphere. So there grows a deep relationship between patients and volunteers. It will help them to relax and those volunteers who participate in these activities are able to understand the life. It's stages, pretty well. They gets an opportunity to meet peoplein vain, an opportunity to help someone to smile towards the darker side of life.

2. TT Market [Tuesday and Thursday market]; It is a project to sell the products manufactured by Paraplegia patients. We help the patients sell their products by standing as a middleman without any profit. We ensure that they shouldn't loss a single penny that they deserve. Through this process the volunteers are able to improve their communication skills too. Sanjeevanam palliative care is a long term project, we collect rupees 100000/- per year by sale. Saji Varghese from Ulickal,Seenath from Thaliparamba, Sivan Meppadi from Venghad are the beneficiaries of TT market. They all are Paraplegia patients. It is a project for the patients who are in need of a helping hand from the society.



#### WORLD HUMAN RIGHTS DAY OBSERVATION

On World Human Rights day a Volunteer spoke about the importance of the day and the importance of honoring the United Nations General Assembly's adoption and proclamation, on 10 Dec,1948,of the Universal declaration of Human Rights. Students conducted exhibitions dealing with human rights issues. In the evening, volunteers conducted a elocution competition for students from all the departments. Two students from each department took part in the competition. The day was a special experience for the volunteers and teachers.

