# NEWS LETTER.



Social Work Association at Don Bosco Arts and Science College, Angadikadavu, Kannur

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Triannual (Online)

# WELIVE Project of DISA

Don Bosco College Kannur organized an organic farming awareness seminar for Kudumbasree Women of Peratta. The workshop was attended by nearly 50 women, and after the seminar, planting materials and vegetable seedlings were distributed to the farmers by MLA Adv. Sajeev Joseph who inaugurated the event. Fr. Sojan Panachikkal SDB, Director of DISA and HOD Department of Social Work, presided over the event.



Awareness day for Elderly Abuse was organised by Kerala Social Justice Department, Kannur, Kerala Social Security Mission Iritty Municipality and Department of Social Work Don Bosco Arts and Science College (DBASC) Angadikadavu Kannur. A street play and flash mob were performed by Bachelor of Social Work students of Department of Social Work DBASC Angadikadavu.





# Capacity Building for Women Entrepreneurs

A workshop pertaining to capacity building of women entrepreneurs was conducted at Don Bosco Arts and Science College, Angadikadavu, Kannur. Training programs, which were held in collaboration with Don Bosco - Welive Kannur and Ayyankunnu Grama panchayath, encompassed training on production methods and marketing skills for beekeeping and mushroom cultivation. The event was inaugurated by Mr. Kuriyachan Paimballikunnel, President of Ayyankunnu Gramapanchayath. Fr. Sojan P Joseph presided over the event and delivered the opening address. Participants comprised of community members from the panchayat, whose contributions enriched discussions and ensured the overall success of the workshop.

# Zero Waste Lifestyle









The Department of Social Work, in association with the Local Self Government Department (LSGD), held a workshop titled "Zero Waste Lifestyle" on July 11, 2023. The event was inaugurated by Mr. Kuriyachan Paimballikunnel, the President of Ayyankunnu Panchayat. The Head of the Department of Social Work, Fr. Sojan P. Joseph, presided over the event and delivered the opening address.

The workshop featured sessions on waste management, led by Mr. Sunil Kumar, the District Coordinator of Suchitwa Mission. These sessions were designed to provide students with practical knowledge and strategies for managing waste effectively.



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# **Theatre Workshop**

The "Mizhiyarang" theatre workshop was held on August 26th and 27th, 2023. This workshop aimed enhance the to communication and creative skills of the participants. It was conducted by three eminent personalities: Mr. Ragunath N, Mr. Mr. and Sreejith Praveen Narayan, Velluvaye. During the workshop, the students engaged in various activities that helped them overcome the fear of public speaking and build their confidence. They learned how to hold a microphone and gained valuable insights into speaking effectively in front of an audience. The focus was on nurturing the creative aspects of each individual, allowing them to express themselves more freely.

## **MSW/BSW Induction**

The "Jyothirgamaya " parent's meeting was an introduction program for the new MSW/BSW batch of 2023-2024. For BSW event took place on Monday, 7th August and MSW induction was on 14th August 2023 at the Social Work Seminar Hall located at Don Bosco Arts and Science College, Angadikadavu. It was scheduled from 10:00 AM to 12:30 PM. The meeting was attended by a total of four faculty members, students, and their parents. The "Jyothirgamaya" meeting served as a platform for parents to address any concerns or queries they had about their children's academic journey at Don Bosco Arts and Science College.

# Life Skills Workshop

The workshop on life skills was conducted at Don Bosco Arts and Science college, Angadikadavu on August 4th 2023 for 1st year M.S.W. students from 9:30 am to 12:45 pm. Mrs. Lissy, coordinator of WE Live, DISA, conducted the program. The interactive session commenced with a discussion on the board categories of life skills, namely selfeffective communication awareness, and interpersonal relationships. Along with an informative class there were fun activities for students to demonstrate life skills and why and how to infuse them in our daily life.





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### **Awareness Fire Safety**

An awareness class on basic life support, fire safety, and safety after snakebites was conducted on August 9th, 2023. The class, led by Niyas Nasar and Sandeep PR, provided practical tips and guidelines to ensure individual safety in emergencies. It emphasized importance of rapid response and proper care in critical situations.



Internship



On 16th August 2023 Lourdes Hospital in collaboration with the Zoology department of SH College Thevara organised an awareness programme on the importance of organ donation. The medical social work department in charge Sr. Lysa together with MSW trainees of Don Bosco Arts and Science College Angadikadavu and students from other colleges. Trainees took part in this during their 22 days of field work at Lourdes hospital Ernakulam.

Social work trainees had successfully completed the 14 days of Internship in Urban Health Centre, Lawspet and 10 days of internship in camp department at Pondicherry Institute of Medical Sciences. The field work period was from 31st July 2023 to 26th August 2023. The placement gave an opportunity to explore what the trainees have learned theoretically into practice. The trainees got a chance to communicate with people and built a good rapport.

#### Study Tour



The tour of exploration has become vital to the Social Work course of study. The BSW 2021-2024 Batch opted for the vibrant cities of Chennai and Bangalore to receive practical exposure in their fifth semester. The journey commenced on the 12th of August and lasted until the 18th of the same month in the year 2023.

**Observation Visit** 



The observation visit "Nirvana" took place from September 14th to 17th, 2023. The two day program involved 32 trainees and two faculties. The participants visited various agencies in Thiruvananthapuram, including Don Bosco Veedu, TSSS, NABARD, H2O, and the Dale View. It provided valuable hands-on experience and exposure to different organizations and their operations.



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## **Mentors Training**

DREAM Kannur designated Mentors training programme in collaboration with Kairos Kannur and Sajeevam project. Mon.Dr.Clarance Paliyath presided over the function. The programme was officially inaugurated By Adv. Sajeev Joseph MLA, the function was felicitated by Fr. Sojan Pananchickal SDB, Director DREAM, and the awareness session was handled By Mr. Nikhil Μ. V. Motivational trainer.



# World First Aid Day



Department of Social Work, DBASC (SWAD) observed World First Aid Day. Students rearranged and renewed the existing first aid box. Essential medicines were added and expired ones were replaced with new stock.lt is kept in MSW faculty room.

#### **Editorial Team**

#### Faculty Editors

Fr. Sojan P Joseph, HOD, Social Work Dr. Harikrishnan U Ms. Delna Abraham

#### **Student Editors**

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#### DON BOSCO - WELive KANNUR In association with ANICHAR GRAMA PANCHAYAT OMONING OOD A SISSO SO OD OD A SISSO SO OD A SISSO

Celebrated International Day of Peace and Non-violence



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News Letter an initiative by the Department of Social Work, Don Bosco Arts and Science College, Angadikadavu, Kannur, Kerala 670 706, dbpgsw@gmail.com, +919446573012 (private circulation only).